

PUTNAM FAMILY AND COMMUNITY SERVICES, INC.



Hope



Wellness



Recovery

2013 Annual Report

Putnam Family and Community Services, INC.

Partnering
with the Community...

We have built strong connections to our community and remain actively involved in local committees and organizations. Staff at all levels participate in the following groups that help to foster hope, wellness, and recovery in our neighbors:



In 2013, we made an important update to our Mission Statement. Our services have not changed, nor has our focus on recovery... but now our Mission more clearly reflects our beliefs and how we are committed to helping our community.

Assisted Outpatient Treatment Committee	NAMI Putnam	Putnam County Long Term Recovery Coalition
Assoc. of Fundraising Professionals	NY Association of Psychiatric Rehabilitation Services	Putnam County Mental Health Court
Brewster Chamber of Commerce	NY State Care Management Coalition	Putnam County Mental Health Providers
Case Management SPOA Committee	People Against Domestic Violence	Putnam County Treatment Court
Children's SPOA Committee	Putnam Community Services Network	Putnam County Veterans Task Force
Green Chimneys Parent Association	Putnam Coordinated Children's Services Initiative	Putnam County Youth Board
Hudson Valley-Catskill Coalition of Alcoholism & Substance Abuse Providers	Putnam County Alcohol & Substance Abuse Treatment Providers	Putnam County Youth Bureau Program Directors
Integrated Dual Disorder Treatment (IDDT) Learning Collaborative	Putnam County Alternatives to Incarceration	Putnam Hospital Center Mental Health Advisory Board
Mahopac Central School District Health Advisory Committee	Putnam County Communities That Care Coalition	Putnam Hospital Center Discharge Planning
Mental Health Assoc. Roundtable Advocacy Meetings	Putnam County Homelessness Partnership	Putnam Independent Living Services Advocacy Roundtable



Main Office

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www.PFCSinc.org
www.Facebook.com/PFCSinc

Board of Directors (as of December 31, 2013)

Salvatore B. Gambino
Chairperson

Christopher Dillon
Vice Chairperson

Patricia Madigan
Treasurer

Dymphna Lotrecchiano
Secretary

Kristin M. Burke, Esq.
Assistant Secretary

Tracey S. Bernstein, Esq.

Amy L. Reed Covais, Esq.

Lori Downing

Susan Kessman

Michael P. McDonough

Mary McGuigan

Anthony Mirdita

Joyce I. Mitchell

Michael J. Neshiewat, M.D.

Stephen M. Santoro Sr., Esq.

Suzanne Willis

From the Board Chairperson and Executive Director

Dear Friends,

Someone once said, "Change is your friend." In 2013, Putnam Family & Community Services (PFCS) made many new "friends", and we're a stronger, more capable organization because of it. We continued to experience challenges for change in response to funding cuts and regulatory requirements. Sadly, we lost many young people in Putnam County to the rising drug epidemic and others to suicide. By facing these challenges together, however, we were able to find the hope, strength and vision to promote recovery and positive change in our community.

In support of our commitment to continuous improvement in the quality of our services and responsiveness to the changing needs of our community, the PFCS board and staff created a new mission statement that clearly supports and drives the work that we do. It is a strong and abiding reminder that our purpose is to partner with individuals, families and the community to foster hope, wellness and recovery.

Recognizing the alarming rise in deaths due to opiate and heroin overdoses, PFCS partnered with Putnam County Communities That Care Coalition and Drug Crisis in Our Backyard to explore these issues, and provided education and awareness to children, parents and caregivers. We continued to work with school districts in both of our licensed NYS Office of Substance Abuse and NYS Office of Mental Health programs to deliver chemical dependency prevention and emotional screenings to children, providing a greater chance for emotional and social success as well as healthier and happier families.

In 2013, the PFCS staff continued to stand strong in the face of continuing healthcare challenges and state initiatives. Our newly renamed Care Management program thrived through its efforts to reach people who in the past were not eligible for services. Partnerships with local medical providers ensured that low income residents who are mentally and medically compromised receive the best care possible. A new training program enabled our staff to support veterans when they come to PFCS, enhancing our on-going partnership with the Putnam County Veterans Task Force. Working with the Putnam County Disaster Preparedness Task Force and the Putnam County Department of Health in conjunction with Columbia University, we trained 100 people to work with special needs populations on emergency preparedness under a grant from The United Way of Putnam/Westchester.

The PFCS mission is to improve quality of life by addressing health needs, substance use, and social and emotional issues. Our community partnerships, generous donations from the Dyson Foundation, IBM and our supporters help us to realize this objective by providing quality services to the people of Putnam County. As always, we are thankful to our Board of Directors and staff for their dedication, passion and commitment. We are also grateful for the steadfast support of our community. Looking forward to 2014, we promise to be true to our mission and values by fostering hope, wellness and recovery to improve the quality of life for the people of Putnam County.

Salvatore B. Gambino
Chairperson, PFCS Board of Directors

Diane E. Russo, MS, CASAC
Executive Director

Our Mission

To partner with individuals, families and the community to foster HOPE, WELLNESS and RECOVERY, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

Restoring Quality of Life

Partnering with
Individuals & Families...

In 2013, PFCS was
proud to serve
1 in 12
Putnam
Residents



Making "exemplary
contributions to alcohol
and drug prevention in
Putnam County.."

The
Bronze Key
Award

PFCS was chosen by the National Council on Alcoholism and Drug Dependence (NCADD) to receive the Bronze Key, a national recognition award presented to an individual or organization that has made an outstanding contribution in the field of substances abuse prevention. We were the first organization to receive this award in Putnam County.

People Served by program

	Individuals Served	Client Contacts
CHEMICAL DEPENDENCY SERVICES		
Chemical Dependency Treatment	467	3,661
Community and School Based Prevention	4,051	27,269
REHABILITATION SERVICES		
PROSper	162	21,099
Care Management	195	4,646
Children's Intensive Case Management	20	515
Medication Grant	16	16
MENTAL HEALTH CLINIC SERVICES		
Clinic-based Mental Health Services	1,442	22,038
Coordinated Children's Service Initiative	126	348
Family Empowerment Program	128	1,007
Family Support and Advocacy	309	1,256
RISE for Children's Health	964	964
Parenting Skills & Support	143	427
TOTALS	8,023	83,246

Expenses

SERVICES

Chemical Dependency Services	\$ 662,935
Rehabilitation Services	\$ 1,232,637
Mental Health Clinic Services	\$ 2,128,507

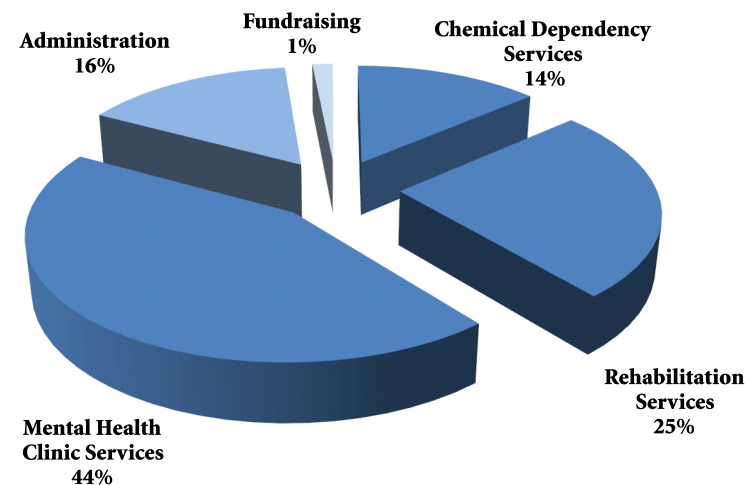
ADMINISTRATION

Administration	\$ 755,752
Fundraising	\$ 74,531

TOTAL EXPENSES \$ 4,854,362

Increase in Net Assets \$ 5,392

TOTAL OPERATING EXPENSES & INCREASE IN NET ASSETS \$ 4,859,754



Revenue

INCOME

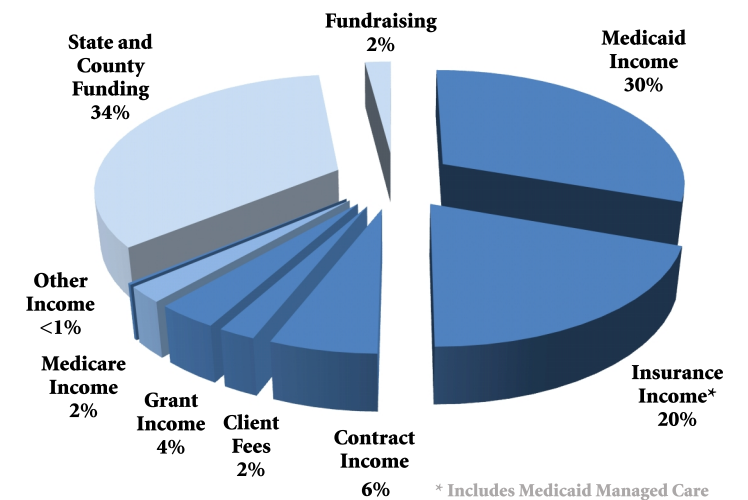
Medicaid Income	\$ 1,477,160
Insurance Income	\$ 958,577
Contract Income	\$ 287,334
Client Fees	\$ 99,479
Grant Income	\$ 165,816
Medicare Income	\$ 107,291
Other Income	\$ 11,864

TOTAL REVENUE \$ 3,107,521

OTHER SUPPORT

State and County Funding	\$ 1,653,294
Fundraising	\$ 98,939

TOTAL REVENUE & OTHER SUPPORT \$ 4,859,754



* Includes Medicaid Managed Care

We value our relationships with foundations, state and local organizations, and school districts who contract with us or provide funding for specific programs, including:

- Dyson Foundation
- Fidelity Charitable Gift Fund
- Garrison Union Free, Mahopac, & Putnam Valley School Districts
- Green Chimneys
- HOPE for Youth Foundation
- M&T Charitable Foundation
- NY State Office of Alcohol & Substance Abuse Services
- NY State Office of Mental Health
- Putnam County Department of Social Services
- Putnam County Office for the Aging
- Putnam County Youth Bureau
- Putnam/ Northern Westchester BOCES
- United Way of Westchester and Putnam

Heartfelt Thanks to our Partners & Supporters

Circle of Recovery (\$25,001 and up)

**The Dyson
Foundation**

Circle of Healing (\$10,001 - \$25,000)

**United Way of
Westchester/Putnam**

Circle of Growth (\$5,001 - \$10,000)

**Suzanne Willis
& Ed Drake***

Circle of Caring (\$501 - \$1,000)

Cristina Bates-Mott	Amy & Joseph Covais	Lake Mahopac Rotary	M&T Charitable Foundation	NY Electrical Inspection Services	Pamela Savarese Solano & Fonseca
Tracey Bernstein	Stephanie Ellner	Dimmy & Al Lotrecchiano*	Mary McGuigan*	Nicholas Paty Putnam Dental Associates*	Somers Orthopaedic Surgery
Neil Bloch	Paul & Corrie Falciano	Bill & Caroline Lubkeman	Meridian Benefits Consulting	Putnam Dental Associates*	St. Christopher's Inn
Kristin Burke	Friars of the Atonement/Graymoor	Gerard & Jane Krenach	Anthony & Anna Mirdita	Pablo Sadler	Paul & Hilary Ward

*In 2013, we were pleased to pay
tribute to friends and loved ones
with donations*

In Memory of...

Sam Stafford

In Honor of...

**Steve Miccio
Putnam County
Electrical Contractors
Association**

Circle of Opportunity (1,001 - \$5,000)

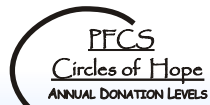
360 Corporate Benefit Advisors	Sid & Stacey Gibson*	IBM Employee Charitable Contribution Campaign	Diane Russo*
Ameriprise Financial Employee Gift Matching	Health Quest	Susan Kessman*	Stephen Santoro, Sr.
Brewster Rotary	Henry H. Wells Middle School	Cynthia Kosacz	Edythe Schwartz
Clifton Budd & DeMaria, LLP	Hudson Valley Federal Credit Union	Putnam County Electrical Contractors Association	Peter Sheehy & Janice Min
Christopher Dillon			South Putnam Animal Hospital
Edward Jones			Kathleen Valletta*

Circle of Friends (Up to \$500)

Albano Agency	Elizabeth Barcavage	Brett Bolnick	Robert & Carol Canfield	Sarah Chomanczuk	Ronald & Nancy Dalessandro	Friends of the Mahopac Public Library	Health & Harmony Massage*	Catherine Kortlang	Carmine & Mary Mastropaolo	Tom & Diane Olsen	Putnam/N. Westchester Women's Resource Ctr.	Sol Shine Scentral*	Viscount Wines & Liquor
Raju Alengadan	Mary Barrett	Jim & Catherine Bradley	Thomas Carney	Bonnee Clyde*	Joseph DeMarzo	Sandra Galef	Kathi Heiber	Fred & Elaine Krueger	Matco-Norca	Donna Olsen	Quaker Abstract, Inc.	Spirelli Electric	Visiting Nurse Services in Westchester
John Allen	Jonathan Bauman	Betty Bresnan	Alison & Terrence Carroll*	Steve Coe	Nelson DeMelo	Andrew DeStefano	Petrina Hiemcke	Lambert & Carney Benefits Group	MBT Limited	Helen Onufrik	Heather Quesenberry*	Arudi Srihari	Roy Volpe & Susan Gamache
Tracey Alter	Allen Beals	Bruen, Deldin, Didio Associates	Cartwright & Daughters Tent & Party Rentals	Marty Collins*	Andrew DeStefano	Michael & Peggy Garland	Hudson Highlands Land Trust	Kirsti Lattu & Alan Potts	Michael & Maryellen McDonough*	Fred & Anne Osborn	Ann Marie Raiano*	Daphne Jo Stasco	Dennis Walsh*
Gregory & Margery Amato	Benefit Practice	Rosaleen Byllaardt	Violet Castro-Rivenburgh	George Collins	Ann Disque	Michael & Peggy Garland	Highlands Land Trust	Cynthia Ligenza	Mary McGill	Osceola Garage*	Robert & Ann Roffman	State Wide Inspection Services, Inc.	Carol Weber
Jane Amsden	Marvin & Penny Bernstein	Mitchell Cabisudo	Anthony Catalano, II Cataldo	Benedetto & Christine Cortina	Edward Donaher	Michele Gasparre	Maureen Huggard	Doreen Lockwood	McGoldrick & McGoldrick CPAs	Cynthia Ott*	Harriet Rosenberg	Charles P. Stein	Westchester Community Opportunity Program
Anonymous	Patricia Bertolini	Judy & Kevin Callahan	Michael & Cathy Cavanaugh*	Elizabeth Corwin	Susan & Edward Douglas	Rebecca Giampaolo	Barbara Ilardi	Carmela Lottrecchiano	Patrick & Cheryl McKeever*	Thomas & Ruth Palladino	Julie Rotta	Rick Stockfield	Westchester Community Opportunity Program
Art to Wear Too	Amanda Bevacqua	Camarda Realty Investments, LLC	Giulio & Linda Cefaloni	Kevin Czipo	Barbara Downey	Gino's Deli	Bernard & Elaine Jacobs	Lynlil Associates	William & Ruth McKeever	Karin Papes-Cabral	Robert Roy & Juliet Lesser	Mark Stumacher	Diana Burns Wetzel
Fran Bagger*	Fred & Antionette Biolchini	Camp Herrlich	Connie Chin	D. Yannitelli	Lori Downing	Samuel & Teresa Giorgio	James E. Rocco & Associates	Danielle Lyons	Edward & Rose McQuade	Patterson Auto Body	Georgina Rubencamp	Owen & Zshawn Sullivan	Whispering Pine Garden Center
Jeanette Baldanza	BMW of The Hudson Valley				William & Elaine Dufresne	Charles Gonzalez & Loretta Molinari	Clifford Janicik	M&T Bank	MHA in Putnam	Patterson Rotary Club	Theresa Russo	Mary Summo	Anna Williamson
Baldwin Electric					Eagle Eye Electric	Mark Granieri	John Jesek & Mindy Needleman	M&T Bank	Jean Miccio	Marie Pedlow	Dawn Ryan*	Dan Sweeney	Claire Willis
Alicia Balzano*					Paul & Priscilla Eldridge	Henry & Susan Grant	Jessica Jarrett	James & Judith MacDonald	Joyce I. Mitchell*	Marie Pedlow	Safeguard	Edward M. Schaffer	Kenneth & Nancy Winkler
					Ann Ellsworth	Graybar Electric	Alexandra Johnson	Kate Mackie	Regina Morini	Patricia Perry	Edward M. Schaffer	Schneider Financial	Jonathan & Heidi Winslow
					Exprop Real Estate	Greenbaum Insurance	James Johnston	Roderick & Robin MacRae	Susan Morrissey	Patrick Perry	Edward M. Schaffer	Schneider Financial	Rebecca Wittenberg
					Armanda Famiglietti	Joel Greenberg	Judi Joseph	Patricia Madigan	N.A.M.I. of Putnam	Pidala Electric	Edward M. Schaffer	Schneider Financial	Betsy Wolfe
					Del & Claudia Fidanque	Deneen Greiner	Joseph's Fine Jewelry*	Christopher X. Maher	Ira & Brenda Naliboff	Wendy Podell	Edward M. Schaffer	Schneider Financial	Jackie Worthington
					Carolyn Hedlund	Joseph & Catherine Groneman	Kali Ma	The Mahopac National Bank	Mary Lou Nameth*	Michael Popp	Edward M. Schaffer	Schneider Financial	Yvette Yeomans*
					Kara Figurski*	Victor Grossman	Marjorie Keith	Susan Margolus	Thomas Nasca	Willett Porter	Edward M. Schaffer	Schneider Financial	Robin Yerman
					Ted Finkelstein	Lucy Guarino	Laurel Kilgour	Melissa Marino	NCADD Putnam	Putnam County Tourism	Edward M. Schaffer	Schneider Financial	Roger & Marie Young
					Fluchere Appraisal	Charles Gunther	Walter & Elizabeth Klimczak	Catherine Marino	Michael Nesheiwat	Putnam Family Medicine	Edward M. Schaffer	Schneider Financial	Krista Zanfardino
					Four Winds Hospital	Bill & Elizabeth Hammond	George & Holly Knoechel	Chip Marks	NY Community Trust	Putnam Hospital Center	Edward M. Schaffer	Schneider Financial	
					Julie Franceschini	Toni Handrik		Lisa Martens	Sam Oliverio, Jr.		Edward M. Schaffer	Schneider Financial	
					Friends of Don Smith			Maria Mastrogiovanni			Edward M. Schaffer	Schneider Financial	

In Kind Donations

5678! Dance Arts	Cathryn's Tuscan Grill	Gaetano's Pizza	Lorese Salon & Spa	Redendo's
Abruzzi	Chili's	The Garrison	Luna Chix Jewelry	James Reitz
Acupressure on the Hudson	Lisa Cirillo	George Apap Painting	Laura McCormick	Salem Golf Club
Vincent Albano	Laura Coffey	George's Place	Paula McKeever	Sedgewood Golf Course
Amato's Deli	CornerStone	Suzzette Giordano	Mercadante Delicatessen	SpringHill Suites by Marriott
Anne Koplik Designs	Crossroads Deli	The Golf Performance Center	Gina Muccio	Super Stop & Shop
Archipelago at Home	Cuttillo's Restaurant	Green Mountain Coffee Roasters	NY Philharmonic	Bernadette Thompson
Arthur Avenue Deli	DeCicco Family Market	The NY Rangers	The NY Rangers	
Rick Bloom	Drew United	Beth Haddock	Joan Newman	
Brewster Pastry	Methodist Church	Hannaford	Paolo's Pizza & Pasta	Thunder Ridge Ski Area
Bucci Brothers Deli	Eisenhower Hall Theatre	Hudson Valley Renegades	Catherine Pardo	
Cacciatori Piazza	Elite Island Resorts	IBM Corporation	Pearle Vision	Trader Joe's
Caramoor	Donna Forbes	Mary Inness	Portofino's Pizza & Pasta	Wayne Pearson Photography
Carmel Bagel Deli North	Pam Forde	Jen & Jerry's Deli	Mary C. Peck	Yellow Shed
Carmel Flower Shop	Hermes Franqui	Brittany Kinsley	Barbara Quinn	Antiques



*If you would like to join
our Circles of Hope,
please contact
Debbie Levin,
Development Manager, at
845-225-2700 x136
or DLevin@PFCSSinc.org*

Although we try our best to ensure accuracy, we apologize for any error. We truly appreciate every gift.

*Denotes In-Kind as well as financial gift.



1808 Route Six
Carmel, NY 10512
www.PFCSinc.org

Creating Opportunities to Grow, Heal & Recover through:

Mental Health Clinic Services

- › Individual, Family, & Group Mental Health Services
- › Children's Services
- › Senior Services
- › Phobia-Anxiety Program
- › Family Support and Advocacy
- › RISE for Children's Health (Recognize. Identify. Screen. Engage.)
- › Crisis Response for Children
- › Coordinated Children's Service Initiative (CCSI)
- › Family Empowerment Program

Parenting Skills and Support

- › Common Sense Parenting
- › Family Connections/ Relatives As Parents Program (RAPP)
- › The Parenting Journey

Rehabilitation Services

- › PROSper (Personalized Recovery Oriented Services for people engaged in rehabilitation)
- › Adult Case Management/Care Management
- › Children's Intensive Case Management
- › Medication Grant

Chemical Dependency Services

- › Chemical Dependency Treatment
- › Community & School Based Prevention