

PUTNAM FAMILY AND COMMUNITY SERVICES, INC.

Hope



Wellness



Recovery



2014 Annual Report

Putnam Family and Community Services, INC.

Partnering
with the Community...

We have built strong connections to our community and remain actively involved in local committees and organizations. Staff at all levels participate in these groups that help to foster hope, wellness, and recovery in our neighbors:



In 2014, we continued to focus on the staff growth and development that will support the commitment to our mission.

With the addition of a new medical director, another full time psychiatrist and several highly qualified clinical resources, we have expanded not only our capability, but also the quality of services available to our clients.

Assisted Outpatient Treatment Committee	Mercy College Social Work Board	Putnam County Department of Health
Assoc. of Fundraising Professionals	NAMI Putnam	Putnam County Homelessness Partnership
Brewster Chamber of Commerce	NY Association of Psychiatric Rehabilitation Services	Putnam County Long Term Recovery Coalition
Case Management SPOA Committee	NY State Care Management Coalition	Putnam County Mental Health Providers
Children's SPOA Committee	People Against Domestic Violence	Putnam County Suicide Awareness Task Force
Drug Crisis in Our Backyard	Putnam Community Services Network	Putnam County Treatment Court
Green Chimneys Parent Association	Putnam Coordinated Children's Services Initiative	Putnam County Youth Bureau Program Directors Meeting
Hudson Valley Care Coalition	Putnam County Alcohol & Substance Abuse Treatment Providers	Putnam County Veterans Task Force
Hudson Valley-Catskill Coalition of Alcoholism & Substance Abuse Providers	Putnam County Alternatives to Incarceration	Putnam County Youth Board
Integrated Dual Disorder Treatment (IDDT) Learning Collaborative	Putnam County Communities That Care Coalition	Putnam Hospital Center Mental Health Advisory Board
Mahopac Central School District Health Advisory Committee	Putnam County Community Services Board	Putnam Hospital Center Discharge Planning
Mental Health Assoc. Roundtable Advocacy Meetings	Putnam County Disaster Preparedness Bio Terrorism Task Force	Putnam Independent Living Services Advocacy Roundtable



Main Office

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Carmel, NY 10512

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www.PFCSinc.org
www.facebook.com/PFCSinc

Board of Directors (as of December 31, 2014)

Christopher Dillon
Chairperson

Patricia Madigan
Vice Chairperson

Salvatore B. Gambino
Treasurer

Susan Kessman
Secretary

Dymphna Lotrecchiano
Assistant Secretary

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Kristin M. Burke, Esq.

Lori Downing

Stacey Gibson

Geraldine Greene, LCSWR

Michael P. McDonough

Anthony Mirdita

Joyce I. Mitchell

Michael J. Neshiewat, M.D.

Suzanne Willis

From the Board Chairperson and Executive Director

Dear Friends,

Reflection is giving careful thought to previous actions, events, or decisions. As we look back on the year 2014, Putnam Family and Community Services continued to provide quality services to our community in the ever changing world of behavioral healthcare. It was a year of fostering collaborative relationships within the agency, community and region as we rapidly moved into the new era of healthcare reform.

Our mission to partner with individuals, families and the community to foster hope, wellness and recovery continued to stand strong. In 2014, our services reached approximately 7,000 people! In our mental health clinic alone, we saw 454 children under the age of 21, and that number increases every year. As always, there were many new challenges including an increased need for children's psychiatric services in an ever shrinking environment of qualified doctors. New state initiatives including Health Home Care Management required PFCS to transform our case management program to provide services to people with serious medical conditions. With the Affordable Care Act in place, many individuals who were not able to access treatment were given the opportunity to come through our doors.

PFCS has always been focused on engagement with our community. In 2014, we partnered with Good Day Hudson Valley and brought attention to suicide prevention, Veterans needs and services, the heroin epidemic and early childhood recognition of social/emotional needs. Our peer advocacy outreach program assisted many individuals with mental health challenges to understand and access treatment so that they could have a healthier life. Our chemical dependency program, in partnership with our colleagues in Dutchess, trained over 100 people to date in the administration of Narcan to prevent drug overdose deaths.

In 2014, we kept our commitment to expanding and enhancing our service capabilities. We continued training to provide Veterans with services; we increased our mental health and substance use prevention efforts in our schools with the addition of a prevention educator in the Haldane Central School District and a student support specialist in Putnam Valley High School who provided education and referrals to students, teachers and parents; and we continued to focus on suicide prevention, trauma informed care and children's mental health services. Our PROS program assisted people with serious mental illness in finding competitive employment, volunteer and educational opportunities. Our Consumer Advisory Committee worked with management and our board, making recommendations for improvements to our treatment programs and services.

We thank the amazing members of our board and staff for their tireless work and continued dedication and commitment to our mission, vision and values. We look forward to the new and ever changing world of behavioral health, partnering and collaborating with Putnam County as well as our colleagues in the Hudson Valley, our medical community, service providers, our generous community partners, and most importantly, the people that we serve. Through these partnerships, PFCS will be able to continue to provide quality services to the children, adults and families of Putnam County and surrounding areas.

Christopher Dillon
Chairperson, PFCS Board of Directors

Diane E. Russo, MS, CASAC
Executive Director

Our Mission

To partner with individuals, families
and the community to foster
HOPE, WELLNESS and RECOVERY,
and to restore quality of life by addressing
mental health needs, substance use,
and social and emotional issues.

Restoring Quality of Life

Partnering with
Individuals & Families...

In 2014, PFCS was
proud to serve
1 in 13
Putnam
Residents



Peer Services continues to
grow as a key component
of the PFCS suite of
services.

Ongoing development of
our Peer Counseling staff
has built an open,
comforting and
empowering resource for
our clients, providing
support in times of doubt
and uncertainty and
showing that hope and
recovery ARE possible.

People Served by program

	Individuals Served	Client Contacts
SUBSTANCE USE DISORDER SERVICES		
Substance Use Disorder Treatment	372	3,071
Community and School Based Prevention	3,090	28,821
REHABILITATION SERVICES		
PROSperr	175	16,052
MENTAL HEALTH CLINIC SERVICES		
Clinic-based Mental Health Services	1,375	17,481
COMMUNITY BASED SERVICES		
Coordinated Children's Service Initiative	148	361
Family Empowerment Program	124	964
Family Peer Support and Advocacy	331	1,505
RISE for Children's Health	830	830
Parenting Skills & Support	101	435
Children's Intensive Case Management	19	379
Care Management	291	2,745
Student Support	39	234
	6,895	72,878

PFCS partnered with local organizations to highlight areas of critical concern in our communities, drive awareness of the resources available to assist our friends, families and neighbors, and dispel the stigma that stands between those who struggle and the help they need.

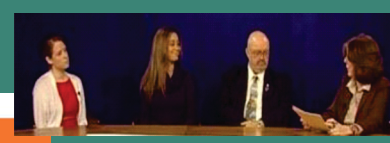


Suicide Prevention



Early Childhood Recognition

GOOD DAY Hudson Valley



Veterans: Needs and Services



Heroin Epidemic in Putnam County

Expenses

SERVICES

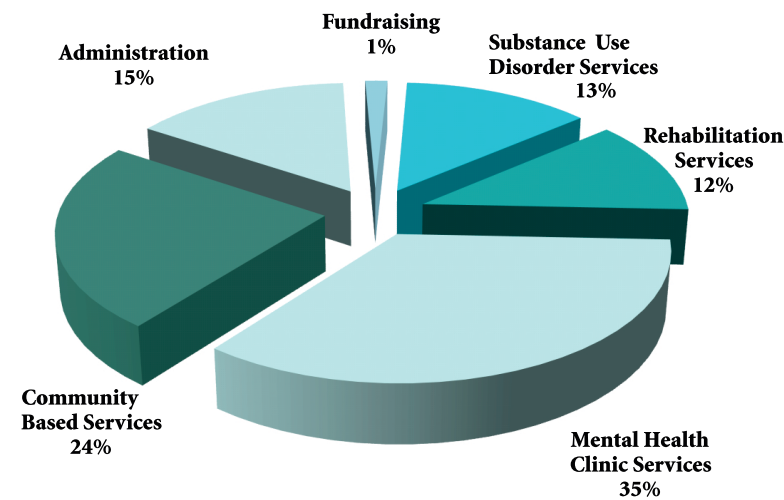
Substance Use Disorder Services	\$ 655,980
Rehabilitation Services	\$ 609,322
Mental Health Clinic Services	\$ 1,791,632
Community Based Services	\$ 1,221,566

ADMINISTRATION

Administration	\$ 775,867
Fundraising	\$ 73,258

TOTAL EXPENSES \$ 5,137,625
\$ 7,379

TOTAL OPERATING EXPENSES & INCREASE IN NET ASSETS \$ 5,145,004



Revenue

INCOME

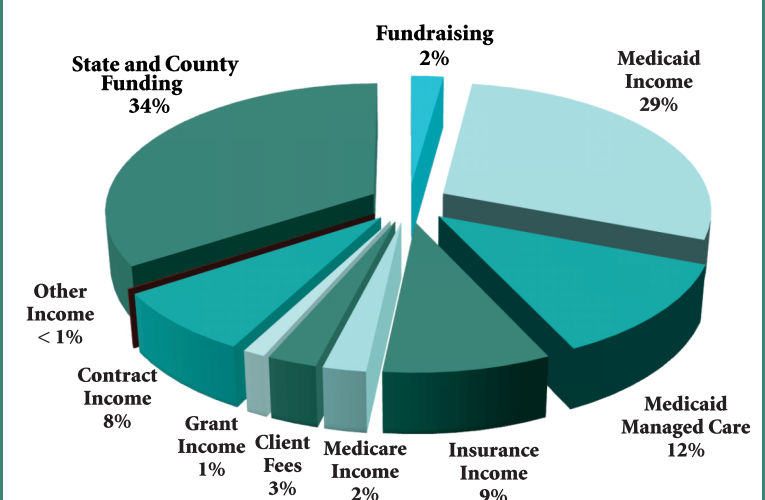
Medicaid Income	\$ 1,471,378
Medicaid Managed Care	\$ 624,712
Insurance Income	\$ 451,836
Contract Income	\$ 410,406
Client Fees	\$ 134,136
Grant Income	\$ 60,387
Medicare Income	\$ 116,584
Other Income	\$ 4,916

TOTAL REVENUE \$ 3,274,355

OTHER SUPPORT

State and County Funding	\$ 1,755,840
Fundraising	\$ 114,809

TOTAL REVENUE & OTHER SUPPORT \$ 5,145,004



We value our relationships with foundations, state and local organizations, and school districts who contract with us or provide funding for specific programs, including:

Dyson Foundation
Fidelity Charitable Gift Fund
Garrison Union Free, Haldane, Mahopac, & Putnam Valley School Districts

Green Chimneys
HOPE for Youth Foundation
Lake Mahopac Rotary
NY State Office of Alcohol & Substance Abuse Services

M&T Charitable Foundation
NY State Office of Mental Health
Putnam County Department of Social Services, Mental Health & Youth Bureau

Putnam County Office for Senior Resources
Putnam/ Northern Westchester BOCES
United Way of Westchester & Putnam

Heartfelt Thanks to our Partners & Supporters

Circle of Recovery
(\$25,001 and up)

The Dyson Foundation

Circle of Healing
(\$10,001 - \$25,000)

Sid & Stacey Gibson*

Circle of Growth
(\$5,001 - \$10,000)

Suzanne Willis & Ed Drake*

Circle of Caring
(\$501 - \$1,000)

Baldwin Electric Corp.	Martha Collins	Debbie Lauro-Conn	Harlan Mosher	Putnam County Electrical Contractors Assc.	Rose & Kiernan, Inc.
Jonathan Bauman	Alison & Terrence Carroll*	Christopher X. Maher	NY Electrical Inspection Services	Putnam County Tourism	Diane Russo*
Dan Benoit	Salvatore & Rose Gambino*	Michael & Maryellen McDonough	NYAPRS	Putnam Dental Associates	Pamela Savarese
Tracey Bernstein	Michele Gasparre	Anthony & Anna Mirdita	Joe Pasciolla		Peter Sheehy
Danielle Burgess	Cynthia Kosacz	Joyce I. Mitchell	Patterson Rotary		John Sloan
Diana Burns-Wetzel					St. Christopher's Inn

In 2014, we were pleased to pay tribute to friends and loved ones with donations

In Memory of...
Sid Gibson

Elizabeth Ann Dillon
John Szpylka

In Honor of...
Putnam County Electrical Contractors Association

Circle of Opportunity
(1,001 - \$5,000)

Carmel Rotary	Health Quest	Deb & Jeff Levin	Uncle Bob's Self Storage
Clifton Budd & DeMaria, LLP	Henry H. Wells Middle School	Lake Mahopac Rotary	Drug Crisis in Our Backyard
Christopher Dillon	Hudson Valley Federal Credit Union	Dymphna & Al Lotrecchiano*	Stephen Santoro, Sr.
Geraldine Greene*	Susan Kessman	M&T Charitable Foundation	Edythe Schwartz
Kristin Burke	H.O.P.E for Youth Foundation	Meridian Benefits Consulting	South Putnam Animal Hospital
			Kathleen Valletta

Circle of Friends
(Up to \$500)



PFC
Circles of Hope
ANNUAL DONATION LEVELS

If you would like to join our Circles of Hope, please contact
Debbie Levin,
Development Manager, at
845-225-2700 x136
or **DLevin@PFCInc.org**

In Kind Donations

Abruzzi	Cathryn's Tuscan Grill	Hudson Valley Renegades	Wayne Pearson Photography	The Red Lion Inn/The Porches Inn
Acupressure on the Hudson	Cutillo's Restaurant	The Inn at Cook Street	Mary C. Peck Reflexology	The Ridgefield Theater Barn
Anne Koplik Designs	Doc James Cigars & Golf	Luna Chix Jewelry	Robert's Total Care Salon	The Schoolhouse Theater
Archipelago at Home	Dunmore Corporation	Lynlil Associates	Salem Golf Club	Viscount Wines & Liquor
Rick Bloom	Elite Island Resorts	Massachusetts Museum of Contemporary Art	Eric Schuster	Williamstown Theater Festival
Brewhaha!	The Fitness Center at The Garrison	Laura McCormick	Sedgewood Golf Course	U.S. Tennis Association
Camp Herrlich	Amy Galiano	The New York Philharmonic	Lauren Semisa	
Caramoor	Kelly House	Joan Newman	Space on Ryder Farm	
Carmel Flower Shop				

Bernard Abramowitz	Anna Aurisicchio	BMW of the Hudson Valley	Lynne Cabiati	Companion Pet Hospital of Fishkill	Downey Oil Corp.	Robert Gaudreau	Barbara Ilardi	Doreen Lockwood	Kathy Muentener	Paul de Jong	Arline Rosman	Gail Sullivan	Vanacore,
Toni Addonizio	Dr. Louis Aurisicchio	Celeste Boglioli	Café Realty	Elizabeth Corwin	Rich & Lori Downing	Howard Kaplowitz	Bernard & Elaine Jacobs	Diane Lotto	Lucille Murphy	Electrical Contractor	Georgina Rubencamp	Owen & Zshawn Sullivan	Debenedictus, DiGiovanni and Weddell
AkzoNobel	Ayde Ayala-Lyons	Brett Bolnick	Camp Herrlich	Joseph & Amy Covais	William & Elaine Dufresne	Gerelli Insurance Agency	James E. Rocco & Assoc, Inc.	Danielle Lyons	N.A.M.I. of Putnam County	Contractor	Charles & Maryellen Rubenstein	Liza Szpylka & Gary Bernstein	VNA of Hudson Valley
Albano Agency	Cristina Bates-Mott	Bolnick & Snow, LLP	Alicia Canfield	Terri Crozier	E.L.M. Electric, Inc.	William H. Giles	Joseph's Fine Jewelry	Danielle Lyons	Clifford & Pamela Narbey	Kathleen Percacciolo	Victoria Russ	Liza Szpylka & Gary Bernstein	VNA of Westchester
Raju Alengandan	George K. Baum	Jim & Catherine Brady	Robert & Carol Canfield	Tyrell Davis	Edward Jones	Lauren Gold	Marjorie Keith	Patricia Madigan	George & Kathleen Nasca	Michael Piazza Jr.	Brandi Russano	Ilene Thompson	VNA of Putnam
John & Judy Allen	Allen Beals	Perry & Elaine Branson	Antonio Cangiani	Joseph DeMarzo	Ann Ellsworth	Charles Gonzalez & Loretta Molinari	Jeff & Cheryl Kellogg	Susan Margolus	Thomas & Dani Nasca	The Plaza at Clover Lake	Jacqueline Russo	Faye Thorpe	Roy Volpe
Amazon Services,	The Benefit Practice	Brewster Flower Garden	Michael & Cathy Cavanaugh	Smith-Cairns Subaru	Connie Fagan	Joseph Gottlieb	B.J. Kelly	Fran Marino	NCADD Putnam	Michael W. Popp	Safeguard	Sandra Tica	Curtis Watkins
Ameriprise Financial Group	Marvin & Penny Bernstein	Brewster Ford	Frank & Janice Cimino	Paul Denbaum	Paul & Corrie Falciano	Graybar Electric Company	Kidz Country	Chip Marks	John & Theresa Nemeth	Pat Porio	Robery & Linda Salinger	Diana J. Tisi	Mary Ann Weber
Charles Antonopulos	Christine Bexley	Brewster Glass Shop	George & Carole Collins	Patricia DiBerardino	Armanda Famiglietti	Vanessa Greenberg	Laurel Kilgour	Linda A. Martin	Michael & Heyan Nesheiwat	Willett & Shirley Porter	Edward & Ginny Schaffer	Toovell Associates	Mary Ann West
Aplus Electric	Fred & Toni Biolchini	Frank & Rosemary Bulzoni	Comcast - Western New England Region	Joseph & Victoria DiLorenzo	Keiren Faquhar	Joel Greenberg	George & Holly Knoechel	Joseph & Maria Mastrogiovanni	Nichols Electric, Inc.	Pre-Cycled	Alan & Pat Schwartz	Chris Torres	Westchester Community Opportunity Program
Joan Aquino	Neil C. Bloch	Janis Butler	Edward & Mary Donaher	Edward & Susan Douglas	Kathryn Ferrusi	Thomas Grimes	Charles & Catherine Kortlang	Carmine & Mary Mastropaolo	Jean Noel	Preffered Pest Control	Damian Sclafani	Town of Kent	Reid Whittemore
Audio Visual Products	Michael Blum		Barbara Downey		Kara Figurski	Frank & Leona Grodio	Susan Rena	Matco-Norca	O'Connell & Aronowitz,	Prosper Communication	David Scuccimarra	Tri State Complete	Anna Williamson
					Joseph Fonseca	Joseph & Catherine Groneman	Alan Krieger	Stefanie Matthews	Attorneys at Law	Putnam Community Action Program	Search for Change	Christine Sellecchia	Claire Willis
					Four Winds Hospital	Fred & Elaine Krueger	Fred & Elaine Krueger	McCartney, Verrino & Rosenberry	Sam Oliverio	Community Action Program	Donald Seifert	Lisa Seymour	Adrienne S. Wohl
					Carol Frank	Diane Landtroop	Diane Landtroop	Kevin E. McGuckian	Donna Olsen	Putnam/N. Westchester Women's Resource Center	Barbara Seiff-Freed	David Sheehy	Betsy Wolfe
					Friars of Atonement/Graymoor	Kirsti A. Lattu	Kirsti A. Lattu	Christina McGuigan	Fred & Anne Osborn	MaryEllen Odell	Christine Sellecchia	Naura Slivinsky	Jackie Worthington
					Friends of the Mahopac Library	Ledley Food Service, Inc.	Ledley Food Service, Inc.	Mary McGuigan	Osceola Garage	Putnam/N. Westchester Women's Resource Center	Christine Sellecchia	Ralph & Eleanor Small	Karen L. Yates
					Siro Fusi	Maria Leonard	Maria Leonard	Rich McHugh	Cynthia Ott	United Way of Western Connecticut	Christine Sellecchia	Somers Orthopaedic	Marie & Roger Young
					Michael & Peggy Garland	Aryeh Liwshitz	Aryeh Liwshitz	Cheryl McKeever	Roseann Paggiotta	United Way of Western Connecticut	Christine Sellecchia	Spain Agency	Krista Zanfardino
						Elizabeth Spinner	Elizabeth Spinner	MHA In Putnam	Pat Palumbo	Beatrice Vaccaro	Christine Sellecchia	Spirelli Electric	Nicole Zeytoonian
						Dominick & Eileen LoPuzzo	Dominick & Eileen LoPuzzo	Eloise Mills	Karin Papes-Cabral	Jessica Vanacoro	Christine Sellecchia	Doris Stahl	
						Huggard-McGee	Huggard-McGee	Ed & Susan Morrissey	Lawrence Patterno	Joey & Nancy Stingone	Christine Sellecchia	Jennifer Stengle	
									Patterson Library		Christine Sellecchia	Harriet Rosenberg	

Although we try our best to ensure accuracy, we apologize for any error. We truly appreciate every gift.

*Denotes In-Kind as well as financial gift.



1808 Route Six
Carmel, NY 10512
www.PFCSinc.org



Creating Opportunities to Grow, Heal & Recover through:

Mental Health Clinic Services

Serving children, families and adults of all ages seeking assistance with mental health and emotional/social issues. Individual and group treatment services conducted by a highly trained team of psychiatrists, masters level clinicians and peer advocates are available to address:

- › Depression
- › Phobias, anxiety and other stress related issues including PTSD
- › Significant mental health diagnoses such as bi-polar disorder or schizophrenia

Rehabilitation Services

PROSPer (Personalized Recovery Oriented Services for people engaged in rehabilitation) offers an enriching and supportive environment for adults with a mental health diagnosis who are seeking a productive and satisfying life.

- › Extensive array of social/emotional/coping education, support and therapy groups
- › Services to help get jobs, keep jobs or enter school
- › Intensive, individual services to provide support for achieving life goals
- › Clinical services, if desired

Community Based Services

Focused on providing assistance to children, parents and adults who need help navigating life within the community and creating a solid and fulfilling environment for themselves and/or their children. On site and in home services assistance to help:

- › Build parenting skills and empower strong families
- › Early identification of social/emotional issues
- › Locate resources to manage care required to lead a strong and productive life

Substance Use Disorder Services

Addressing substance use disorders through individual and group treatment services delivered by certified, highly experienced counselors. AND working pro-actively to combat substance use and other social issues by delivering preventive education services in our community and area schools.

- › Individual and group services to address substance use
- › Community & school based prevention education on drugs, alcohol, bullying and other social issues