"I would like to thank the CoveCare counselor who came into my life when I needed her most. I was so lost and alone.... she gave me new hope."

## Information and Enrollment

**For Adult Services, contact:** Mariel Roth, LCSW-R, Director (845) 225-2700 x 220 mroth@CoveCareCenter.org

For Services for Children and Families, contact: Christina McGuigan, MHC, Director (845) 225-2700 x 235 cmcguigan@CoveCareCenter.org

**Mission:** CoveCare Center's mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

**Privacy:** We value and respect your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center is a 501(c)(3) nonprofit organization.



1808 Route Six, Carmel, NY 10512 TEL 845.225.2700, FAX 845.225.3207 www.CoveCareCenter.org



# **Empowering You** and Your Family

Do you or your child face a complex health, mental health, or substance use issue? Do you need a partner and advocate to help you manage that challenge?

Do you want to strengthen your skills as a parent and build a more cohesive family?

Are you a senior citizen struggling with a mental health or substance use issue?

# We can help.

CoveCare Center's Community-Based Services offer a range of related programs designed to meet your many needs.

#### A Whole-Person Approach

Our expert, caring staff will help you develop a plan of action that supports your overall wellness. We will connect you with programs within Community-Based Services, at CoveCare Center, and throughout our extensive network of community partners.

### 'The coordination of services is priceless. And it's right here in our own backyard!"

## **Services for Adults**

## **Services for Children and Families**

### "I remember the moment I realized our family was not alone."

#### **Care Management for Adults**

If you have a medical, mental health, or substance use issue, navigating multiple service systems can be daunting. Our care managers will serve as your partner and advocate.

#### They can help you:

- Access medical, mental health and substance use care
- Arrange transportation to needed appointments
- Obtain housing, temporary assistance, and food
- Live independently at home
- Budget your money
- Obtain insurance, benefits and entitlements

#### **Senior Partnership Services**

For adults aged 55 and older residing in Putnam County who are struggling with mental health and/or substance use issues, we offer assessments, care management and counseling at your home or another convenient location. We'll connect you with other community resources, and help you create a better quality of life.

#### **Care Management for Children**

Children who have multiple health, mental health, emotional, and/or substance use issues and their parents often need help putting services in place. Our care managers will provide you with the same services we offer for adults. In addition, we can help you:

- Advocate for your child at school
- Navigate through issues related to custody and the courts
- Connect with resources that strengthen the entire family

#### Coordinated Children's Service Initiative (CCSI)

For families whose children have mental health needs and who are at high risk for placement outside the home, CCSI provides a single point of access for a wide range of supportive services. A partnership of local service providers and families, CCSI empowers the entire family to identify its needs, find creative solutions to its problems, and remain whole and strong.

#### Family Peer Support and Advocacy

A child's emotional, mental health, and/or substance use problem affects the entire family. Our advocates, who have personal family experience with these issues, will help you navigate the mental health, substance use, school, court, and probation systems. Our family support group will help you realize you're not alone.

For those who wish to strengthen their parenting skills, we offer curriculum-based classes to give you the tools to create a more positive experience for the whole family.

#### Family Empowerment Program

For families referred by the Putnam County Department of Social Services, we offer counseling, skills training, and referrals to promote a healthier, more positive family environment. Our Supervised Visitation service—available to families by referral provides a safe, neutral environment in which to maintain the parent-child bond and build trust.

# "I would just like to thank all of the PFCS staff!!! I am a single mother of 2 girls. I have been coming here for 3 years and the staff has saved my life!"