

The CoveCare Difference

We passionately believe that healing and recovery are possible. We also know that the right support makes all the difference. That is why CoveCare Center's services **focus on the whole person.**

When you come to CoveCare, we help you explore your needs and goals in every area of your life. We then work with you to develop a **customized plan of support** that addresses your overall wellness, which can include services within CoveCare Center and through our many community partnerships.

CoveCare Center provides a **safe harbor that empowers people** with mental health, substance use, medical, and other issues to overcome their challenges and live fuller, more satisfying lives.



Information and Appointments

Please call **(845) 225-2700** to speak with one of our intake specialists or email **info@CoveCareCenter.org** or visit our website at **www.CoveCareCenter.org** for more information about our services.

Affordability: We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees. We are committed to ensuring that our services are available to all.

Privacy: CoveCare Center values and respects your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center is a member of Coordinated Behavioral Health Services Inc., a 501(c)(3) organization comprised of nine organizations providing Behavioral Health services to 10 counties in the Hudson Valley.

We offer programs that are licensed and monitored by:



CoveCare Center is a 501(c)(3) nonprofit organization.

We welcome your support of our mission. To donate, please go to www.CoveCareCenter.org/donate



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COUNSELING THAT
EMPOWERS CHANGE

CoveCare
Center

20
20th Anniversary



Heal. Recover. Be Well.

CoveCare Center (formerly Putnam Family and Community Services) provides mental health, substance use, and supportive services for adults, children, families, and seniors. Our innovative, compassionate approach to care fosters healing, recovery, and wellness.

As a nonprofit organization with a commitment to ensuring affordability and access, CoveCare Center is dedicated to improving lives in communities throughout the Lower Hudson Valley.

“My counselor is showing me that it is ok to feel good about myself.”



Mission

CoveCare Center’s mission is to partner with individuals, families, and the community to foster hope, wellness, and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

Vision

CoveCare Center imagines a strong, united community where all people are valued, accepted, and empowered to live healthy lives.

CoveCare Center Services

Counseling that Empowers Change

Mental Health Counseling and Treatment

Licensed therapists provide individual, group, and family therapy, as well as play therapy for children. As a supplement to counseling, psychiatrists prescribe and manage medications when needed, and trained peer specialists provide guidance and support based on their lived experiences.

Alcohol & Substance Use Treatment & Prevention

Credentialed counselors and social workers provide individual, family, and group counseling. Psychiatrists provide evaluations and prescribe medications, including treatment for opioid use. CoveCare Center offers prevention education in Putnam County schools, raises awareness about substance use issues, and informs the public about local resources.

Personalized Recovery-Oriented Services for people engaged in rehabilitation (PROSper)

PROSper helps people with serious mental health issues to recover, heal, and gain their independence. Services include goal-oriented counseling, a choice of more than 50 classes each week, individual counseling, medication management, and vocational counseling.

PROSper also has specialized services to treat those with both mental health and substance use issues.

“CoveCare helped me to develop hope through my journey and to find inner peace.”



Community-Based Services

Adults

Care Management helps adults with medical, mental health, and/or substance use issues to navigate service systems and access resources. **Senior Partnership Services** provides adults aged 55 and older who reside in Putnam County with assessments and counseling at home, and facilitates connections with community resources.

Children and Families

Care Management helps children with health, mental health, emotional, and/or substance use issues and their parents to access services to support the child and strengthen the whole family. The **Coordinated Children’s Service Initiative** provides a single point of access to many services for families whose children have mental health needs and who are at high risk for being placed outside the home.

Family Peer Support and Advocacy helps families with children who have emotional, mental health, and/or substance use problems to navigate the mental health system, schools, courts, probation, and other providers. Curriculum-based classes help parents strengthen their parenting skills, and family support groups help reduce isolation.

The **Family Empowerment Program** provides families referred by the Putnam County Department of Social Services with counseling, skills training, and referrals to promote a healthier, more positive family environment. **Supervised Visitation**—open to families by referral—provides a safe, neutral environment in which to maintain the parent-child bond.