

# The CoveCare Advantage

## Access to Multiple Services.

When you enroll, you'll gain access to the programs we offer throughout CoveCare Center, and to resources available through our many community partnerships.

## Affordability.

We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees.

## Quality Care and Results.

All of our clinicians receive training in the latest techniques and peer supervision. We use clinical tools to measure and improve results, ensuring you receive the best quality care.

## Convenient Locations:

Visit our main office in Carmel or our satellite offices throughout the area. For seniors, through our Senior Partnership Services program, we can visit you at your home. (See Community Based Services brochure for details.)

**“At the Cove, you have a building full of caring people all working tirelessly and vigorously for the care, safety, and well-being of people like my brother.”**

# Information and Appointments

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**Mission:** CoveCare Center's mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

**Affordability:** We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees. We are committed to ensuring that our services are available to all.

**Privacy:** We value and respect your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center Mental Health Services are licensed and monitored by:



CoveCare Center is a 501(c)(3) nonprofit organization.



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COUNSELING THAT  
EMPOWERS CHANGE

Mental Health  
Counseling & Treatment

CoveCare  
Center

20  
20th Anniversary



# Counseling that Empowers You

Mental health is just as important to wellness as physical health. In fact, the two are closely linked. And yet, most people don't notice the signs and symptoms of emotional and psychological distress right away.

When a mental health condition has begun to interfere with your life, or the life of someone you love, CoveCare Center can help.

## We provide services for:

- Adults and Families
- Children
- Seniors

Our highly qualified, professional staff of board-certified psychiatrists, certified clinical social workers, nurses, and peer specialists focus on your whole life.

We'll develop a treatment plan that addresses everything from your mental health and health care to your personal goals and aspirations. Our caring therapists will empower you to achieve a fuller, more satisfying life.

**“At CoveCare, I met a great therapist. I couldn't have imagined finding a better person to help my family and me through the death of my son. She helped us get through the worst time of our lives...and my daughter finally received helpful, solid, and sound advice.”**

## We Can Help You Manage...

- Marital and relationship difficulties
- Anxiety
- Depression
- Stress
- Grief and bereavement
- Co-occurring mental health and substance use issues
- Bipolar/manic-depressive disorder
- Schizophrenia
- Personality disorders
- Eating disorders
- Post-traumatic stress disorder (PTSD)
- Attention deficit / attention deficit hyperactivity disorder (ADD/ADHD)
- Suicidal thoughts
- Other mental health issues

Questions about these conditions?  
Visit the [Mental Health Counseling & Treatment](#) page of our website.



# Counseling, Psychiatry, and Peer Support

**We offer counseling that fits your needs and preferences:**

## Individual sessions.

Meet your counselor one-on-one in a quiet, private office.

## Groups.

Choose from an array of weekly groups that address the specific needs and concerns of adults, teens, and children.

## Family and Play Therapy.

Our therapists provide treatment for the whole family, and play therapy sessions for children.

**To supplement counseling, we offer:**

## Psychiatry.

If you need medication, our on-site psychiatrists will prescribe and manage your medications in partnership with you and your therapist.

## Peer Support.

Trained Peer Specialists—who have found success in their own recovery—can guide and assist you in finding social, financial, and other supports in the community.