

Freedom and Independence

PROSper will empower you to:

- Learn healthy ways to cope
- Identify what you want and need in your life
- Make decisions that best serve you
- Become your own advocate
- Gain—or regain—confidence and independence
- Achieve your hopes and dreams

“Since I found PROS two years ago, I have stayed out of the hospital—which is a miracle for me. My caseworker and therapist helped me develop hope and find inner peace. Now I am working and have achieved a major goal to live independently.”



Information and Enrollment

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Mission: CoveCare Center’s mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

Affordability: We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees. We are committed to ensuring that our services are available to all.

Privacy: CoveCare Center values and respects your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center’s PROSper program is licensed and monitored by:



CoveCare Center is a 501(c)(3) nonprofit organization.



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COUNSELING THAT
EMPOWERS CHANGE

Personalized Recovery-
Oriented Services (PROS)

CoveCare
Center

20
20th Anniversary



Reclaim hope. Recover. PROSper.

Are you struggling with a serious mental health diagnosis?

Has it interfered with your life?

Is it standing in the way of your dreams?

It needn't limit you any longer.

CoveCare Center's Personalized Recovery-Oriented Services for people engaged in rehabilitation (PROSper) can help you take back your life. Our caring rehabilitation specialists will help you identify your needs and goals, and work with you to create a customized recovery plan. You can choose from dozens of weekly classes and a comprehensive array of services. Attend a few services a week or up to five per day. The intensity is up to you.

With a PROSper rehabilitation specialist as your advocate and guide, you'll build skills, gain confidence, and realize your dreams.

“ The PROS team are all so dedicated to their work...they truly love what they do, and they are completely dedicated to their clients' recovery. The Group leaders are all so gentle and compassionate; I don't hesitate to share my thoughts and insights with them...they are just always there for you and supportive.”

Design Your Own Recovery Plan

A serious mental health condition can disrupt all areas of your life—from relationships and family, to the ability to find and keep a job, and even the capacity to experience joy. We understand that everyone's path to recovery is unique, so PROSper puts you in charge. We'll support you all along the way.

Choose from the following services:

Classes and Goal-Oriented Counseling **Learn and grow.**

PROSper offers more than 50 classes each week, on topics such as developing coping skills, managing stress, addressing substance use, and healthy living and wellness. Our rehabilitation specialists can help you identify your goals, discover what's in the way, and develop a plan to achieve those goals.

Clinical Services

Heal and recover.

Our clinically trained staff can provide you with mental health counseling and/or medication management.

Vocational Services

Gain Independence.

Our vocational specialists can assist you in completing your education, finding job training, and obtaining employment and/or volunteer work.

Services at CoveCare Center and Beyond

As part of your personalized recovery plan, you'll have access to services throughout CoveCare Center, including:

- **Substance Use Treatment Services**
- **Care Management**, which can help you obtain medical care, housing, temporary assistance, food, appointments, and more.

We can also connect you with resources available through our many community partnerships.

