



PUTNAM  
FAMILY &  
COMMUNITY  
SERVICES, INC.

2011  
Annual Report

*Enriching lives...together*



# Putnam Family & Community Services

[www.PFCSinc.org](http://www.PFCSinc.org)

**1808 Route Six  
Carmel, NY 10512**

**845-225-2700**



## Our Staff

*Our highly trained staff of 85 includes psychiatrists, masters level clinicians, chemical dependency counselors, nurses, case managers, and family and peer advocates experienced in helping people deal with the problems of daily life.*



## Our Mission

*To enhance the potential for healing and growth in a responsive and dignified manner for residents of Putnam County and surrounding areas, regardless of ability to pay, so that they may better manage their lives and improve the quality of family and community living.*



## Our Services

*PFCS is proud to provide Putnam's residents with a wide array of*

**Mental Health**

**Chemical Dependency  
Treatment & Prevention**

*and*

**Psychiatric Rehabilitation  
Services.**

# 2011 Board of Directors

(as of December 31, 2011)

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**Suzanne Willis**

*Dear Friends,*

2011 was, admittedly, a year fraught with challenges and economic difficulties. But it was also a year of hope, new beginnings, and the positive change that can only occur when we join and face our challenges together. And that is the story of 2011 that we would like to share with you.

Through the year, we worked together with colleagues, businesses, grantmakers, supporters, and community organizations to launch new initiatives, reach more people in more places, and help clients achieve their goals.

At PFCS, we believe that all of our clients have the ability — and the right — to recover from mental illness and addiction and embrace life. Working together with each individual who came through our doors, we helped clients gain new understanding of the issues affecting their lives and create a plan to pursue personal, professional, and educational goals. Our PROSper program (Personalized Recovery Oriented Services for people engaged in rehabilitation), for instance, successfully helped people achieve their dream of getting a job; our percentage of competitively employed clients was one of the highest in PROS programs throughout the state!

On a county level, 2011 was a remarkable year in terms of our ability to reach out and support the children of Putnam. Through our SEED program (Social Emotional/Early Development) we forged strong community ties with local daycare centers and service providers, working together to screen and treat young children for early behavioral and emotional issues. PFCS was also awarded a grant by the NY State Office of Mental Health to launch a new early recognition and screening program, which will enable our Mental Health Clinic to continue serving Putnam's youth and linking children with the services they need to grow up happy and healthy.

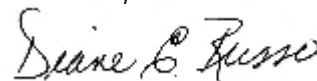
And our work with children didn't stop there! PFCS partnered with several school districts in Putnam to help students learn to address the common pressures of school and social life. Our prevention educators taught children to recognize and avoid bullying — both in-person and online — and we, as members of the Putnam County Communities That Care Coalition, helped to train high school students about the dangers of driving under the influence through SIDNE (Simulated Impaired Driving Experience).

Thanks to community partnerships, we were also able to strengthen PFCS from the inside out. With generous grants from the Dyson Foundation and IBM, we are upgrading our technology and putting new systems in place so that we can serve our clients more efficiently.

We are proud of all that we, and our clients, accomplished together in 2011. It was a year that proved we do not need to be limited by our challenges or the uncertainty of the future. With determination and your support, we can keep moving forward — and PFCS will do just that, continuing to provide quality mental health and chemical dependency services that enrich the lives of our Putnam community.



Tom Gill  
Chairperson, Board of Directors



Diane E. Russo, MS, CASAC  
Executive Director



## Revenue

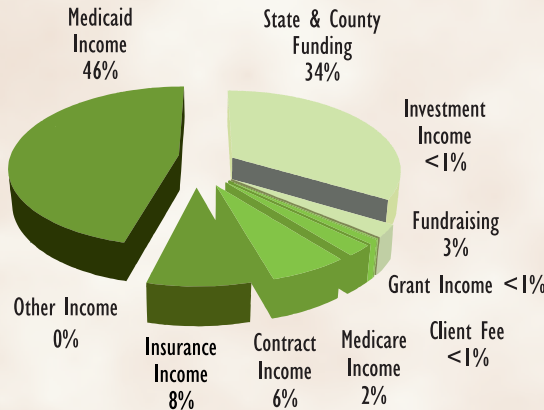
### Income

Medicaid Income	\$	2,343,531
Insurance Income	\$	424,170
Contract Income	\$	324,389
Medicare Income	\$	111,480
Client Fee	\$	43,524
Investment Income	\$	3,155
Grant Income	\$	1,000
Other Income	\$	0
<b>Total Revenue</b>	<b>\$</b>	<b>3,251,249</b>

### Other Support

Fundraising	\$	129,698
State & County Funding	\$	1,712,641

**TOTAL REVENUE & OTHER SUPPORT \$ 5,093,588**



## Expenses

### Services

Mental Health Services	\$	2,223,455
Chemical Dependency Services	\$	760,123
Rehabilitation Services	\$	751,521
Community Care Coordination	\$	331,226
Family & Community Outreach	\$	128,287

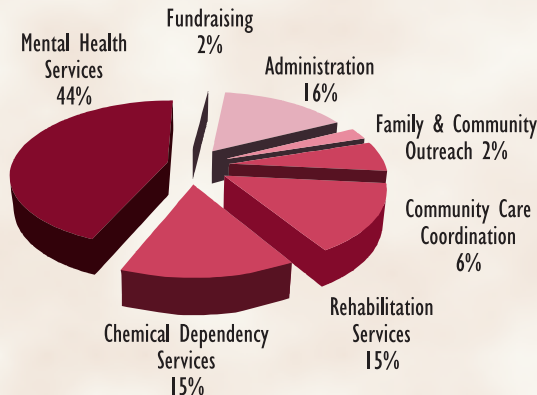
### Administration

Administration	\$	792,695
Fundraising	\$	97,822

**Total Expenses \$ 5,085,129**

**Increase in Net Assets \$ 8,459**

**TOTAL OPERATING EXPENSES  
& INCREASE IN NET ASSETS \$ 5,093,588**



## Relationships

PFCS greatly values our affiliations and relationships with state and local organizations, foundations, and school districts with whom we have contracts and agreements, or from whom we receive funding for specific programs. These include:

**Community Foundations  
of the Hudson Valley**

**Dyson Foundation**

**Early Care & Learning  
Council, Inc.**

**Fidelity Charitable Gift Fund**

**Garrison Union Free,  
Mahopac, & Putnam Valley  
School Districts**

**Green Chimneys**

**New York State Office of  
Alcohol & Substance Abuse  
Services**

**New York State Office of  
Children & Family Services**

**New York State  
Office of Mental Health**

**Putnam County  
Department of Health**

**Putnam County Department  
of Social Services**

**Putnam County Youth Bureau**

**Putnam/Northern  
Westchester BOCES**

## Individuals Served

### *Unduplicated Number of Individuals Served, by program*

Adult Case Management	152
CCSI/Children's Intensive Case Management	119
Chemical Dependency Treatment Services	323
Community Support/Program Outreach	1,947
Family Support & Advocacy Services	862
Mental Health Services	1,124
PROSper	138
School Based Prevention	2,544
Transportation	68

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**TOTAL INDIVIDUALS SERVED 7,277**

## Client Contacts

Adult Case Management	5,432
CCSI/Children's Intensive Case Management	994
Chemical Dependency Treatment Services	3,037
Community Support/Program Outreach	4,487
Family Support & Advocacy Services	2,155
Mental Health Services	17,455
PROSper	21,552
School Based Prevention	26,440
Transportation	756

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**TOTAL CLIENT CONTACTS 82,308**

## Teamwork!

***It only takes one person to make a difference....***

***but when we all work together, the impact we can have on the lives of our clients and our community is amazing.***

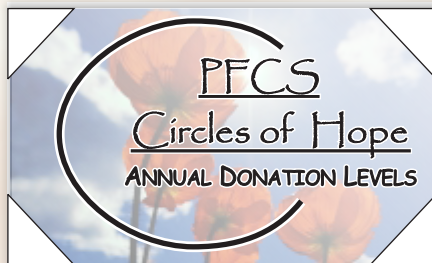


***That's why PFCS Staff at all levels are active members of the following planning and advocacy committees that focus on enriching the lives of everyone we serve:***

Assisted Outpatient Treatment Committee	People Against Domestic Violence	Putnam County Disaster Preparedness/Bioterrorism Task Force
Brewster, Carmel-Kent, & Patterson Chambers of Commerce	POW'R Against Tobacco Coalition	Putnam Accessible Community Transportation
Case Management SPOA Committee	Putnam Community Services Network	Putnam County Mental Health Court
The Greater Mahopac-Carmel Chamber of Commerce Not-for-Profit Council	Putnam Coordinated Children's Services Initiative	Putnam County Mental Health Providers
Green Chimneys Parent Association	Putnam County Alcohol & Substance Abuse Treatment Providers	Putnam County Treatment Court
Hudson Valley-Catskill Coalition of Alcoholism & Substance Abuse Providers	Putnam County Alternatives to Incarceration	Putnam County Youth Board
Live Healthy Putnam Coalition	Putnam County Annual Recovery Walk Planning Committee	Putnam County Youth Bureau Program Directors
Mental Health Association Roundtable Advocacy Meetings	Putnam County Annual Youth Forum	Putnam Early Intervention Community
NAMI Putnam	Putnam County Autism Committee	Putnam Hospital Center Advisory Board
NY Association of Psychiatric Rehabilitation Services	Putnam County Communities That Care Coalition	Putnam Hospital Center Discharge Planning
NY State Case Management Coalition		Putnam/Northern Westchester BOCES Regional Crisis Intervention Team

# Thank you!

Although we try our best to ensure accuracy, we apologize for any omission or error. We truly value and appreciate every gift.



Hope and healing are so much more attainable when we don't have to reach for them alone. Thanks to the kindness of our Friends and Supporters, we at PFCS are here to help others reach for recovery from mental illness and chemical dependency. We are extremely grateful to each member of our Circles of Hope for working together with us to enrich the lives of our neighbors.

## Circle of Recovery (*\$25,001 and up*)

Dyson Foundation

Early Care & Learning Council, Inc.

## Circle of Healing (*\$10,001 - \$25,000*)

Health Quest

Suzanne Willis & Edmund Drake\*

## Circle of Growth (*\$5,001 - \$10,000*)

South Putnam Animal Hospital\*

## Circle of Opportunity (*\$1,001 - \$5,000*)

Amerrprise Financial

Christopher & Deborah Buck

Carmel Rotary  
Edward & Susan Douglas  
Sid & Stacey Gibson

Hudson Valley Federal Credit Union  
IBM Employee Charitable Contribution Campaign

Cynthia Kosacz  
Michaels & Associates  
Putnam County Electrical Contractors Association

Stephen Santoro, Sr.  
Paul & Hilary Ward\*

Gregory & Carol Bagen

Kristin Burke

## Circle of Caring (*\$501 - \$1,000*)

Louis D'Souza  
Maureen Cahill  
Joseph & Amy Covais\*

Steve Dill\*

Christopher Dillon

Edward Jones  
Anthony & Suzette Giordano  
Kathi Heiber

Lake Mahopac Rotary  
Al & Dymphna Lotrecchiano  
Michaels and Tullio

NY Electrical Inspection Services  
Diane Russo  
Alan & Patricia Schwartz

Edythe Schwartz  
Solano & Fonseca  
Robert Sparer

Ronnie Stowell\*  
TD Charitable Foundation  
Kathleen M. Valletta

## Circle of Friends (*up to \$500*)

Joan Aquino  
Art to Wear  
A.S.K. the Handyman  
Lisa Akker  
Albano Agency  
Raju Alengadan  
Mary Ann Alling  
American Lung Assoc. of NY  
Iris Anderson  
Charles Antonopoulos  
Aplus Electric  
Victoria Aquilato

Rosemary Brancato  
Karin Brenner  
Brewster Elks Lodge 2101  
James & Denise Brown  
Bruen, Deldin, Didio Associates  
Joel Buchalter  
William R. Buschmann  
Jonathan Butters  
James Cali  
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Kevin & Judy Callahan

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Mary Carroll  
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Thomas & Dorinda Cataldo  
Cathryn's Tuscan Grill\*  
Michael & Cathy Cavanaugh\*

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Kimberlee Florin  
Daniel Foley  
Harriet Forsythe  
Four Winds Hospital  
Friends of Don Smith  
Friends of the Mahopac Public Library  
Miriam A. Fulling  
Roy Futvoye  
Susanne Galya  
Salvatore & Rose Gambino

Kent Public Library  
Maria Michelle Kolhoser  
Kreiger Solutions  
Fred & Elaine Krueger  
Art & Stacy Labriola  
Betty Lander  
David Lange  
Meredith Laubin  
Debbie Lauro-Conn  
Kirsti Lattu & Alan Potts  
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Frank Nappi, Jr.  
Nationwide Electrical Supply  
Ron Newberry, Sr.  
Nichols Electric, Inc.  
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Sara Salant Traugot  
Robert & Linda Salinger  
Pamela Savarese  
Edward Schaffer  
Kiersten Schramek  
John Schroff  
Adele Schwartz  
Search for Change, Inc.  
Donna Shaw  
Margaret Sheehan

*If you would like to join our Circles of Hope,*  
please contact  
Cheryl McKeever, Development Manager,  
at 845.225.2700 x136 or  
[CMcKeever@PFCSinc.org](mailto:CMcKeever@PFCSinc.org)



*PFCS is pleased and humbled  
to help people pay tribute to their loved ones  
via gifts to our services.*

In 2011, we received generous donations:

*In HONOR of*

**Sid Gibson**

**Diane Russo**

**Harriet  
Rosenberg**

**Suzanne  
Willis**

*In MEMORY of*

**Barbara  
Gross**

**Olga  
Margos**

*PFCS would like to thank the following individuals  
and organizations for making In-Kind Donations  
that directly benefit our clients and ensure that  
more funds are available to support our programs:*

100.7 WHUD	Evolution Fitness Club	Joe Klein
Alkzo Nobel	Deborah Flynn-Capalbo	Mahopac Discount Liquors
Anne Koplik Designs	Nikki Gallagher	Irene Morris
Archipelago at Home	The Garrison Golf Course	Joan Newman
Arthur Avenue Deli	Gilead Presbyterian Church & Nursery School	Catherine Pardo
Richard & Madeline Bauer	Gold's Gym	Tina Privatera
Belleayre Mountain	Great Blue Outfitters	New York Sports Club
Brewster Hill Deli	Green Mountain Coffee Roasters	Pearle Vision
Bucci Brothers Deli	Diane Grimaldi	Mary C. Peck
Centennial Golf Club	Lucy Guarino	Putnam County Courier
Chili's of Somers	Hannaford Supermarket	Redendo's
Club Fit	The Hudson Milk Co.	Sedgewood Golf Course
Kit Curcio	Hudson Valley Renegades	Southeast Grille House
June DeCarlo	IBM Matching Grants	SpringHill Suites by Marriott
DeCicco Family Market	Diane Ingram	Thunder Ridge Ski Area
Julie Doyle	Jen & Jerry's Deli	Trader Joe's
Eisenhower Hall Theatre	Joseph's Fine Jewelry	Vendetta Paintball
Eventful Magazine		

Glenn & Karen Cestaro	Michael & Peggy Garland	Adam & Lori Levy	Osceola Garage*	David Sheehy
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Georgia Christy	Harold Gary	Cynthia Ligenza	Lisa Owens	Thomas & Mary Shortell
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Comcast of Western New England	Tom Gill	Gary & Susan Loewenberg	Marie Pedlow	Michael & Diana Douglas Smits
Timothy & Alice Conway	Samuel & Teresa Giorgio	Gina Loprinzo	Lillian Pellegrino	Somers Orthopaedic Surgery
The Country Touch*	Patricia Gormley	Carmela Lotrecchiano	Allan Pennoyer	Spain Agency
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	Pamela Kasa	Maria Moise*	William Sadler	Roger & Marie Young*
	Jean Kennedy	Mt. Hope United Methodist NCADD Putnam		

*\*Denotes In-Kind as well as financial gift*



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Find us at [www.Facebook.com/PFCSinc](https://www.Facebook.com/PFCSinc)



1 in 14

Putnam Residents Served



82,000

Client Contacts



23

Programs