



Putnam Family & Community Services, Inc.

Celebrating

15 Years

1997

2012



Hope & Recovery

2012 Annual Report

Putnam Family and Community Services, Inc.

“During my two years of treatment at Putnam Family, I met some wonderful supportive friends and learned to value myself. Today my life is full of hope and grace. I can hold my head up high and be the woman God intended me to be.”

~ Carolyn

Services

Chemical Dependency Services

- * Chemical Dependency Treatment
- * Community & School Based Prevention

Rehabilitation Services

- * PROSPer (Personalized Recovery Oriented Services for people engaged in rehabilitation)
- * Adult Case Management/Care Coordination
- * Children's Intensive Case Management
- * Thinking For A Change
- * Single Point of Access
- * Medication Grant

Mental Health Clinic Services

- * Individual, Family, & Group Mental Health Services
- * Phobia-Anxiety Program
- * Children's Services
- * Senior Services

- * Crisis Response for Children
- * Coordinated Children's Service Initiative (CCSI)
- * Family Empowerment Program
- * Family Support and Advocacy
- * RISE for Children's Health (Recognize. Identify. Screen. Engage.)
- * Bridges to Health (B2H)

- * Domestic Violence Accountability Program

Parenting Skills and Support

- * Common Sense Parenting
- * Family Connections
- * The Parenting Journey
- * Relatives As Parents Program (RAPP)

Mission

To enhance the potential for healing and growth in a responsive and dignified manner for residents of Putnam County and surrounding areas, regardless of ability to pay, so that they may better manage their lives and improve the quality of family and community living.

Celebrating 15 Years...

July 1, 1997

Putnam Family and Community Services, Inc. opens our doors as a non-profit agency, after Putnam County privatizes its mental health and chemical dependency services. In our first year, we assist 3,923 individuals.

1999

PFCS initiates agency-wide crisis coverage to provide immediate response to clients facing difficulties. We also form a Consumer Advisory Group so clients have a say in agency operations.

2001

Our tradition of responsiveness to the community is already well-established. The number of programs we offer has increased from 11 to 19, and we collaborate with local organizations to provide free services to those impacted by the tragic events of September 11th.

2002

PFCS provides mental health services to over 600 children, compared to less than 20 in 1997. We also improve chemical dependency services by merging drug-free counseling and alcohol treatment into one integrated program.

2004

PFCS expands School-Based Prevention services into Putnam Valley and we open a new space at 1816 Route Six.

2007

We celebrate our 10th birthday. PFCS reaches 10% of Putnam residents, and we have more than doubled our staff.

2008

With a grant from the Dyson Foundation, we bring Putnam Family Support and Advocacy under our umbrella of services. PFCS is now able to offer increased support, advocacy and education to families facing mental illness.

2009

We launch our newly licensed PROSPer program (Personalized Recovery Oriented Services for people engaged in rehabilitation). The program focuses on helping clients make hopes and dreams a reality and includes employment assistance through vocational counseling.

2010

PFCS receives the Marty Smith Memorial Award, presented each year to the State's most progressive mental health service provider by the New York Association of Psychiatric Rehabilitation Services.

2012

PFCS celebrates its 15th year providing Hope and Recovery to the people of Putnam County and surrounding areas. We now serve nearly 6,800 people, or 1 in 15 Putnam residents.

Letter from the Board Chairperson and Executive Director

Dear Friends,

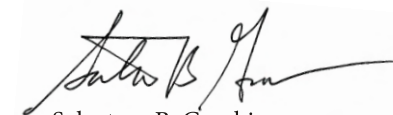
The year 2012 was a year of reflection for Putnam Family & Community Services, as we marked our 15th anniversary as a private non-profit agency. On a national level, 2012 was filled with amazing accomplishments, from our success at the Summer Olympic Games to the landing of the Mars Curiosity Rover on Mars. Sadly, it was also a year fraught with tragedy, and our hearts went out to the victims of Superstorm Sandy and the shootings in Newtown, Connecticut. Through it all, we were reminded of our own achievements and challenges, faced in an effort to maintain the highest standard of excellence and promote hope and recovery for the people we serve.

Since our doors opened, PFCS has continuously endeavored to improve services and respond to the changing needs of our community. In recent years, this has meant focusing on our youth. We have seen a significant increase in the number of children and families attending our mental health clinic. Unfortunately, we have also witnessed an increase in completed suicides and drug overdoses. We continue to work with our treatment and prevention partners to reduce stigma and educate our community so that schools, parents, friends, and relatives know where to access help for young people struggling with mental health and chemical dependency issues. Through our new RISE (Recognize. Identify. Screen. Engage.) Program, we screened hundreds of children to assess emotional health and connected them with appropriate treatment services. Working together with the NYS Office of Mental Health and WestCOP (Westchester Community Opportunity Program), PFCS also expanded services by opening a mental health satellite clinic to serve children and families at Brewster Head Start.

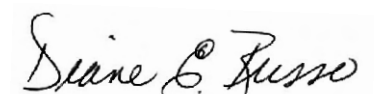
In the midst of these advances, PFCS has weathered unprecedented funding cuts to our budget. In the past 3 years, we have had to reduce our budget and staff by 25%. Despite these cuts, we continue to provide quality services to Putnam County. Although the financial picture throughout New York State is bleak at the moment, we stand strong and believe that we will be able to meet new challenges as they arise.

Though much has changed in 15 years, PFCS remains committed to our belief that everyone can recover from mental illness and chemical addiction, that these issues do not have to stand in the way of realizing hopes and dreams. We have seen hundreds of people go back to work or school, or volunteer and develop healthy relationships with their friends and family. We know that recovery works and we are proud to provide services with a person-centered recovery philosophy.

PFCS is extremely thankful to all our Board members and to the staff who dedicate themselves with energy and passion to providing quality services to individuals in need. We are grateful for the support of our community, which has allowed us to accomplish so much in the last 15 years, and we will continue to build on our strengths in order to face the challenges of the present and future.



Salvatore B. Gambino
Chairperson, PFCS Board of Directors



Diane E. Russo, MS, CASAC
Executive Director

Tel: 845-225-2700

Fax: 845-225-3207

Main Office

1808 Route Six, Carmel, NY 10512

www.PFCSinc.org

www.Facebook.com/PFCSinc

Board of Directors (as of December 31, 2012)

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Stephen M. Santoro Sr., Esq.

*

Paul G. Ward, Ph.D.

*

Suzanne Willis

Lighting Thousands of Lives with Hope and Recovery

Connections

For 15 years, PFCS has been an active member of the community. Staff at all levels participate in the following groups that help bring hope and recovery to all our residents:

Assisted Outpatient Treatment Committee	Putnam County Alcohol & Substance Abuse Treatment Providers
Brewster, Carmel-Kent, & Greater Mahopac-Carmel Chambers of Commerce	Putnam County Alternatives to Incarceration
Case Management SPOA Committee	Putnam County Annual Youth Forum
Green Chimneys Parent Association	Putnam County Autism Committee
Hudson Valley-Catskill Coalition of Alcoholism & Substance Abuse Providers	Putnam County Communities That Care Coalition
Integrated Dual Disorder Treatment (IDDT) Learning Collaborative	Putnam County Disaster Preparedness/Bioterrorism Task Force
Mahopac Central School District Health Advisory Committee	Putnam County Mental Health Court
Mahopac Central School District Hope Forum Committee	Putnam County Mental Health Providers
Mental Health Association Roundtable Advocacy Meetings	Putnam County Treatment Court
NAMI Putnam	Putnam County Youth Board
New York Association of Psychiatric Rehabilitation Services	Putnam County Youth Bureau Program Directors
New York State Case Management Coalition	Putnam Early Intervention Community
People Against Domestic Violence	Putnam Hospital Center Advisory Board
Putnam Accessible Community Transportation	Putnam Hospital Center Discharge Planning
Putnam Community Services Network	Putnam Independent Living Services Advocacy Roundtable
Putnam Coordinated Children's Services Initiative	Putnam/Northern Westchester BOCES Regional Crisis Intervention Team
	Putnam Partnership for Special Needs

People Served

by program

	Individuals Served	Client Contacts
CHEMICAL DEPENDENCY SERVICES		
Chemical Dependency Treatment	359	4,115
Community and School Based Prevention	3,051	28,556
Latino Outreach (Jan.-Jun. only).	247	2,538
REHABILITATION SERVICES		
PROSper	161	24,347
Case Management/Care Coordination	149	2,773
Children's Intensive Case Management	17	331
MENTAL HEALTH CLINIC SERVICES		
Clinic-based Mental Health Services	1,334	18,198
Coordinated Children's Service Initiative	123	231
Family Empowerment Program.	172	1,287
Family Support and Advocacy	380	1,216
RISE for Children's Health	670	670
Parenting Skills & Support	116	556
<hr/>		
TOTALS	6,779	84,818

"Life before being involved with Putnam Family was scarier without a support system of a professional team of staff members. I feel the staff don't look at me as a 'Mental Patient.' They don't stigmatize me at all. I feel like I now believe in myself more and I am capable of independently taking care of myself with a balanced life with a bright future ahead of me."

~ John

Expenses

SERVICES

Chemical Dependency Services	\$ 648,846
Rehabilitation Services	\$ 1,226,232
Mental Health Clinic Services	\$ 2,127,348

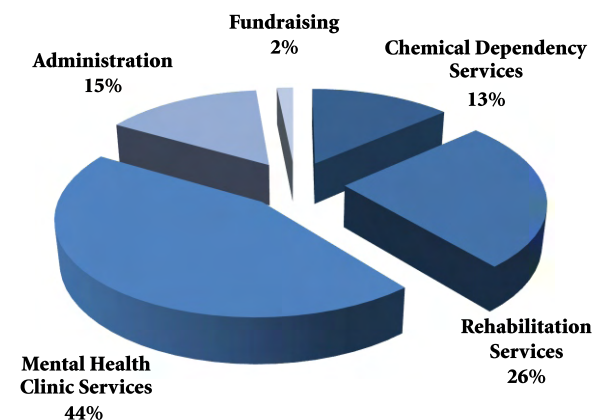
ADMINISTRATION

Administration	\$ 722,714
Fundraising	\$ 74,903

TOTAL EXPENSES \$ 4,800,043

Increase in Net Assets \$ 7,379

**TOTAL OPERATING EXPENSES
& INCREASE IN NET ASSETS \$ 4,807,422**



Revenue

INCOME

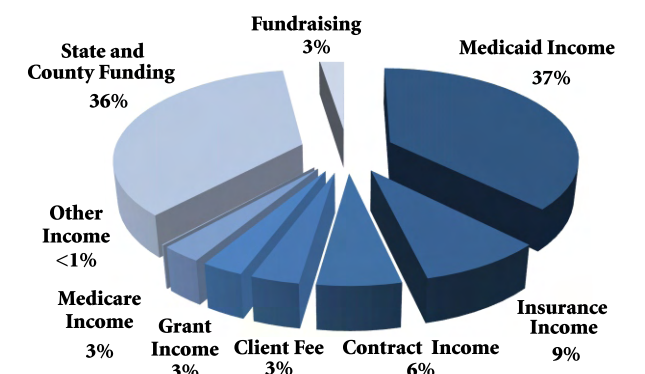
Medicaid Income	\$ 1,800,751
Insurance Income	\$ 427,251
Contract Income	\$ 287,352
Client Fee	\$ 165,552
Grant Income	\$ 143,473
Medicare Income	\$ 141,191
Other Income	\$ 6,128

TOTAL REVENUE \$ 2,971,698

OTHER SUPPORT

State and County Funding	\$ 1,715,242
Fundraising	\$ 120,482

**TOTAL REVENUE
& OTHER SUPPORT \$ 4,807,422**



PFCS greatly values our relationships with state and local organizations, foundations, and school districts with whom we have contracts or who provide funding for specific programs, including:

Bristol-Myers Squibb Foundation	Fidelity Charitable Gift Fund	H.O.P.E. for Youth Foundation, Inc.	New York State Office of Children & Family Services	Putnam County Department of Social Services
Community Foundations of the Hudson Valley	Garrison Union Free, Mahopac, & Putnam Valley School Districts	M&T Charitable Foundation	New York State Office of Mental Health	Putnam County Youth Bureau
Dyson Foundation	Green Chimneys	New York State Office of Alcohol & Substance Abuse Services		Putnam/Northern Westchester BOCES

Partners in Recovery

For 15 years, PFCS has been a resource for thousands of people struggling with issues of mental health and chemical dependency. It is because of our friends and supporters that we have been able to help so many. We are extremely grateful to all who have joined our Circles of Hope and provided PFCS with the resources to offer hope and recovery to all of our neighbors in need. Thank you.

Circle of Recovery (\$25,001 and up)

**The Dyson
Foundation**

Circle of Healing (\$10,001 - \$25,000)

**Sid & Stacey
Gibson***

Circle of Growth (\$5,001 - \$10,000)

**Clifton Budd &
DeMaria, LLP**
**Suzanne Willis
& Ed Drake***

Anonymous
**Marvin & Penny
Bernstein**
Kristin Burke
Carmel Rotary

Susan & Edward Douglas
Health Quest
**Henry H. Wells Middle
School**
**The H.O.P.E. for Youth
Foundation**

Circle of Opportunity (1,001 - \$5,000)

**Hudson Valley Federal
Credit Union**
**IBM Employee
Charitable Contribution
Campaign**

**Jeremiah R. Downey
Oil Corp**
Cynthia Kosacz
**Michael & Maryellen
McDonough**
Michaels & Associates

**Putnam County Electrical
Contractors Assoc.**
Stephen M. Santoro, Sr.
Kathleen Valletta
Paul & Hilary Ward

Circle of Caring (\$501 - \$1,000)

360 Corporate Benefit Advisors
Marty Collins
**Community Foundations
of the Hudson Valley**
Ronald & Nancy D'Alessandro

Christopher Dillon
Deborah Flynn-Capalbo
George Apap Painting
David Gerber
Kathi Heiber

Jeffrey & Shannon Keegan
Susan Kessman
Lake Mahopac Rotary
Dimmy & Al Lotrecchiano*
Lynlil Associates*

**The M&T Charitable
Foundation**
Maria Mastrogiovanni
Thomas & Carol McCullough
Diane Russo*

Edythe Schwartz
Peter Sheehy & Janice Min
St. Christopher's Inn
Ronnie Stowell
Claire Willis

In 2012, we were pleased to pay tribute to friends and loved ones with donations

In Honor of...

Michael DiMattina
Alan Schwartz

In Memory of...

Monroe Benton **James Lavelle Sr.**
Chris Lavelle **Ed Snyder**
Daniel Wold

Circle of Friends (Up to \$500)

Albano Agency
Raju Alengadan
Anonymous
Charles Antonopolus
Aplus Electric
Architectural Visions
Art to Wear Too
Jeanette Baldanza
Baldwin Electric
Mary & Harold Barrett
Jonathan Bauman
Stephanie Bellofatto
Benefit Practice
Tracey Bernstein
Kyle & Debbie Bisceglie
Kathryn Bloss
BMW of The Hudson
Valley
Brett Bolnick
Breiter & Raines

Brewster Lions Club
Bristol-Myers Squibb
Foundation
John Brogan
Denise Brown
Bruen, Deldin, Didio Assoc.
Frank Bulzoni
Jonathan & Jacqueline
Butters
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Theresa Colley
George & Carole Collins
Peter Convery
Elizabeth Corwin
Amy & Joseph Covais
Liliana Craciun
Croton Auto Park
D'Ambrozio & Co.
Karen Delduco
Joseph DeMarzo
Frank & Janet DiMartino
Thomas DiMattina
Mary Ellen DiRaffaele
Maria DiSalvo
Don't Be Alarmed &
Custom Theater

Dan & Jennifer Dougherty
Jordi & Laura Douglas
Lori Downing
Eagle Eye Electric
Edward Jones
Paul & Priscilla Eldridge
Hal & Keiren Farquhar
Feehan Insurance Agency
Arianna Feliciano
Kathryn Ferrusi
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Kara Figurski
Fluchere Appraisal Service
Adelaide Formisano
Four Winds Hospital
William & Marie
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Friends of Dario Gristina
Friends of the Mahopac
Public Library

Sandra Galef
Makaria Gallagher
Salvatore & Rose Gambino*
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The Garrison Golf Course*
Michele Gasparre*
Tom Gill
Anthony & Suzzette
Giordano*
Samuel & Teresa Giorgio
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Charles Gonzalez & Loretta
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Graybar Electric
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Bill & Elizabeth Hammond
R. Stephen Harshbarger
Carolyn Hedlund
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Andrew Himmel
Himmel & Bernstein
Beth Holland
Thomas & Gina Honohan
Gerald & Sali Horowitz
Hudson Highlands Land
Trust
Bill Huestis
Maureen Huggard
Barbara & James Ilardi
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Bernard & Elaine Jacobs

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Alexandra Johnson
Judi Joseph
Joseph's Fine Jewelry
Barry & Ronda Kahn
Stephen Katz
Patricia Keenan
Marjorie Keith
Thomas King
Kathy Klein
George Knoechel
Alan Krieger
David Lange
Kenneth & Marianne Larm
Daravuth Lebun
Frank & Carol Lettera
Kate Link
Danielle Lyons
James & Judith MacDonald

Patricia Madigan
Jo Mango
Susan & Louis Margolus
Alex & Jacqueline
Markovich
Marshall & Sterling
Robert & Theresa Masin
Jason & Stephanie
Mastropaolo
Carmine & Mary
Mastropaolo
Sebastian McGarigle
Mary McGill*
McGoldrick & McGoldrick
Mary McGuigan
Patrick & Cheryl
McKeever*
William & Betsy McPhillips
Edward & Rose McQuade
MHA in Putnam
Minuteman Press

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Anthony & Anna Mirdita
Joyce Mitchell
Susan Morrissey
George Moscovitz
Hugh & Lori Moss
Mt. Hope United Methodist
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N. Dain's Sons Co.
N.A.M.I. of Putnam
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Ira & Brenda Naliboff
Thomas & Dani Nasca
Philip & Michele Nassar
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Ron Newbery, Sr.
Nichols Electric
Arthur Nicoletti
Sam Oliverio, Jr.
Fred & Anne Osborn

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John & Laura O'Sullivan
Cynthia Ott
Catherine Pardo
Patterson Auto Body
Patterson Rotary Club
Lillian Pellegrino
People Against Domestic
Violence
Mel & Marsha Perlman
Michael Piazza
Ashley Pizzuti
Plaza at Clover Lake
Michael Popp
Pat Porio
Putnam Cty Savings Bank
Putnam Dental Associates
Putnam Hospital Center
Putnam/N. Westchester
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Harriet Rosenberg
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Martin & Joanne Ryan
Pamela Savarese
Giancarlo Scagnelli
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Jeff & Debra Schwartz
Damian Sclafani
David Succimarra
Search for Change
Michael Seidman
Donald Seifert
Lisa Seymour
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South Putnam Animal
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Faye Thorpe
Wade Thrower

Stephen & Mary Tomann
Sara Traugot
Tri State Complete
Landscaping
Dennis Ullman
United Way of
Westchester/Putnam
United Way of W. CT
Brandon Updegraff
Beatrice Vaccaro
Victor J. Cannistra
Viscount Wines & Liquor
Visiting Nurse Svcs in
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VNA & Hospice Care
Foundation
Roy Volpe
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Carol Weber
Westchester Community
Opportunity Program
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Rebecca Wittenberg
Adrienne Wohl
Barbara Wolf
Betsy Wolfe
Jackie Worthington
Yellow Shed Antiques*
Harris & Audrey Yett
Roger & Marie Young
Krista Zanfardino

In Kind Donations

121 Restaurant
Abruzzi
Daisy Alvarado
Anne Koplik Designs
C.W. Brown, Inc.
Canvas on Demand
Carmel Flower Shop
Cathryn's Tuscan Grill

Chili's
Chris & Kathy's Round 2 Deli
June DeCarlo
Doc James Cigars & Golf
Elite Island Resorts
Donna Forbes
Hermes Franqui
Gaetano's Pizza

Golf Performance Ctr.
Green Mountain Coffee
Roasters
La Guia Hispana
Hannaford Supermarket
Elisa Hirsch-Cotter
Hudson Valley
Renegades

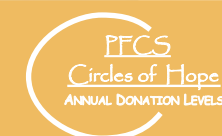
IBM Corporation
Andy Imperato
Inner Balance
Ives Concert Park
Jen & Jerry's Deli
Luna Chix
The Late Show with
David Letterman

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Velardi, Esq.
Doreen Lockwood
Magnolia's Boutique
Maple Grove Nursery
Chip Marks
Laura McCormick
Microsoft Store

Gina Muccio
New York Rangers
Joan Newman
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Poland Spring
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Putnam County
Courier

Putnam County
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Sheriff's Office
Barbara Quinn
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Salon
Salon at The
Garrison

Sedgewood Golf Course
ShopRite
SpringHill Suites
Strategies for Wealth
Trader Joe's
Wayne Pearson
Photography
Chris Wise



If you would like to join our
Circles of Hope,
please contact
Cheryl McKeever,
Development Manager, at
845-225-2700 x136 or
CMcKeever@PFCSSinc.org

*Denotes In-Kind as well as financial gift.

Although we try our best to ensure accuracy, we apologize for any omission or error. We truly value and appreciate every gift.



1808 Route Six
Carmel, NY 10512
www.PFCSinc.org

