



## Family Support Navigator Program of Putnam and Westchester Counties

### What do we do?

The Family Support Navigator Program is a grant funded program to assist families and individuals struggling with Substance Use Disorder by providing information on a variety of available resources that are vital to recovery. **This program provides free services at a location of your choice.**

### What services do we provide?

- Family Support and Guidance
- Information and Referrals to Treatment, Social Services, Self-Help Groups, and Recovery Services
- Assistance in Making Community Connections
- Family Support Groups & Addiction Education Workshops
- Holistic and Integrated Approach to Trauma Informed Services

### All services are:

- confidential and free of charge
- available days, some evenings and weekends
- at locations of your choice

### How can we help?

Our trained staff will help you understand the progression of addiction and its impact on families. The program will increase the knowledge of existing and emerging supportive and recovery-oriented services.

### Information and Enrollment

If you wish to refer yourself or someone you know, please contact:

Susan Salomone, CASAC

Resource Manager

845.225.2700 x 245

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