



CoveCare  
Center

COUNSELING THAT  
EMPOWERS CHANGE

---

**PROSper  
Group Protocol**

**Date:** December 6, 2010

**Title:** Social Living for Work and School

**Component:** Community Rehab & Support (CRS)

**Service:** Basic Living Skills (BLS)

**Population:** Any member of PROSper community

**Frequency:** 1 time per week

**Duration:** 50 minutes

**Description:** An interactive group to enhance interpersonal communication and social skills related to work and school settings. Group will focus on work and school related social interactions such as interviewing, customer service, employee to employee relationships, employee to supervisor relationships, presentations, student to student relationships, and student to instructor relationships.

**Mode of Work:**

- A. **Purpose:** To help clients build and sharpen work and school related interpersonal skills. Among the areas of focus: respecting differences, developing appropriate communication techniques, understanding and utilizing body language, social anxiety, social boundaries, social etiquette and personal hygiene.
- B. **Group Framework:** Group will incorporate education and discussion. Group members will discuss social situations which they are currently experiencing or may experience in the future. Role playing, worksheets, group exercises and videos will also be utilized.

**Expected Outcome:** Group members will have a greater success in navigating work and school related relationships and interactions.