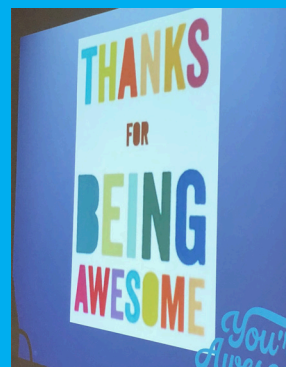
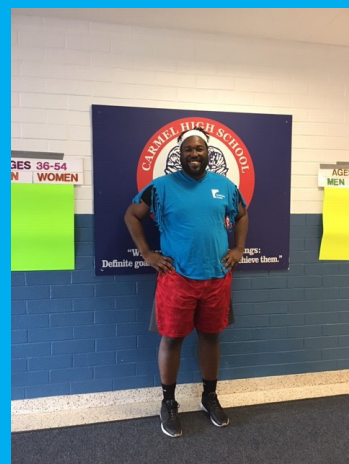




CoveCare  
Center®

COUNSELING THAT  
EMPOWERS CHANGE

# 2018 ANNUAL REPORT





# A LETTER FROM OUR CEO & BOARD CHAIRPERSON

The services provided by CoveCare Center are rooted in the belief that all individuals deserve the opportunity to reach their potential. The support you provide to CoveCare Center is essential to upholding this belief and assuring that we can continue to foster hope, wellness and recovery. And for that support, we are grateful.

As a nonprofit provider of mental health and substance use prevention and treatment services, CoveCare Center’s only shareholders are you: the community. We rely on your assistance as we encourage all residents of the Lower Hudson Valley to work toward and maintain recovery over time. And it takes time for individuals to build the necessary skills and develop the tools they need to be at their best and contributing to their community. Your support gives your neighbors the time they need to rebuild when having faced challenges that impact their lives, their children’s lives, their families, and the community.



With your help, we have grown as an organization in terms of our breadth of services and our ability to meet the needs of so many throughout the Lower Hudson Valley. It is the simple truth that organizations like CoveCare Center are becoming more and more necessary for the health and safety of our community, often in a climate where the need is great, resources are scarce, and the expectations are high. With your help, CoveCare Center will continue to succeed, remaining focused on our mission and knowing that we have the support of so many friends and partners.

Sincerely,

  
**Eric A. Toth, LMSW, MBA**  
Chief Executive Officer

  
**Salvatore Gambino**  
Chairperson, Board of Directors

**Alcohol & Substance Use Treatment & Prevention**

**Mental Health Counseling & Treatment**

**Rehabilitation Services PROSper**

**Community-Based Services for Adults, Families & Children**

## COVECARE CENTER MISSION

**Our mission is to partner with individuals, families, and the community to foster hope, wellness, and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.**

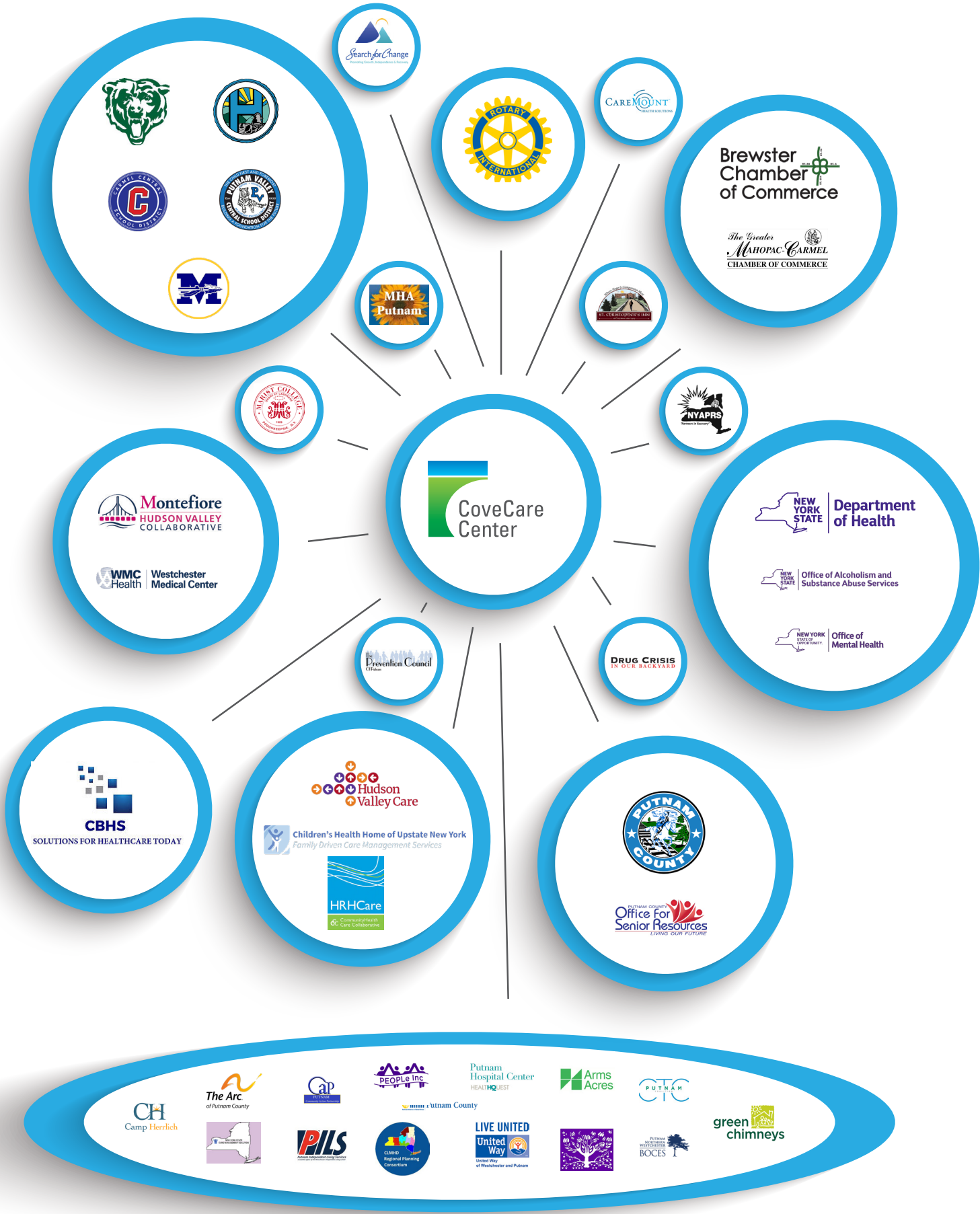
## OUR VISION

**CoveCare Center imagines a strong, united community where all people are valued, accepted, and empowered to live healthy lives.**

CoveCare Center programs are licensed and monitored by:


# Civic, Government & Service Partners



# The Impact of Your Support

**100%**

The percentage of clients seen by the Certified Recovery Peer Advocate in our Senior Program who avoided hospitalizations since starting services with us for a cost savings of

**\$240,000**

**1,157**

# of hours target audiences spent viewing and interacting with our Public Service Announcements online



Alcohol & Substance Use Treatment & Prevention

Mental Health Counseling & Treatment

Rehabilitation Services PROSper

Community-Based Services for Adults, Families & Children

**47**

# of community events attended to represent the agency and promote awareness of our services

**1,383**

# of interactions made at these community events

**4,192**

# of youth our Prevention Team worked with in local schools and camps through evidence-based, age appropriate lessons that help them develop the skills they need to live substance free lives

The # of appointments scheduled with our team of therapists and doctors/nurses in our mental health clinic

**23,923**



**62**

# of children the Family Empowerment Program prevented from entering the foster care system, saving the county \$56,000 per child (based on NYS Child Welfare costs)



**1,870**

# of hours Parent Partners spent teaching effective parenting skills and connecting families to community resources

PROS prevented 20 psychiatric hospitalizations via crisis services, saving our community approximately

**\$114,000**



Percentage of our PROS clients who became and remained employed, nearly 3 times the state average

**37%**

**41**

The # of times articles written by CoveCare Center staff appeared in local newspapers



Hospitalizations decreased by **50%**

for our clients participating in Care Management, representing a cost savings of

**\$300,000**  
to Medicaid

The Family Support Navigator Program began in June of 2018 to assist families and individuals struggling with substance use issues, providing free services to residents in Westchester and Putnam Counties at a location of their choice

**1,773**

Contacts in 6 months



**2000+**

# of individuals seen in our mental health clinic, including

**452**  
children



CoveCare Center's Youth Podcast



CoveCare Center®

Presents:



MVL  
MILLION VOLT LEAGUE

A Podcast by Powerful Teens

Brought together to:

- ⚡ Empower Youth
- ⚡ Create Connections
- ⚡ Inform the Community

LET'S GET STRUCK!

[www.covecarecenter.org](http://www.covecarecenter.org)



What happens when you wake up teenagers early on a Saturday morning and bring them together to create something new? An awesome podcast!

Brandon Lillard of CoveCare Center created and leads the program. "For me, creating podcasts has been a very therapeutic way to connect with my friends while sharing ideas; it is an outlet. And the reward is creating something original that other people want to hear. I realized that a podcast club could be a great way to engage teens and reach them in a new way."

If you are ready to hear some great thoughts from some interesting teens, it just takes one click. Podcast episodes are uploaded to the CoveCare Center website ([www.covecarecenter.org](http://www.covecarecenter.org)), so, take a listen!



Partnering with Individuals & Families

PROGRAMS	Individuals Served	Client Contacts
Substance Use Prevention & Treatment Services		
Substance Use Disorder Treatment	359	4,030
Community and School Based Prevention	5,092	31,989
(New Program, June-Dec 18') Family Support Navigator Program	128	1,773
Rehabilitation Services/PROSper	155	16,249
Mental Health Clinic Services	2,020	23,923
Community Based Services		
Adult	220	2,507
Seniors	154	2,348
Family & Children	714	5,961
TOTALS	8,842	87,780

REVENUE  
\$6,286,085

Fundraising \$120,497

State & County Funding \$1,953,559

Other Grants & Contracts \$786,237

Income from Services \$3,378,398

Other Income \$47,394

EXPENSE  
\$6,304,090

Administration \$952,283

Fundraising \$74,137

Substance Use Services \$698,264

Rehabilitation Services \$726,937

Mental Health Clinic \$1,968,563

Community Based Services \$1,883,906

### Thank You

CoveCare Center relies on the generosity of individuals, businesses, foundations, and government funding sources to sustain its services. We could not achieve our mission without your help.

Please email [development@covecarecenter.org](mailto:development@covecarecenter.org) for more information on how you can support our services or visit [www.covecarecenter.org](http://www.covecarecenter.org).

#### Circle of Recovery - \$25,000+

The Dyson Foundation

#### Circle of Healing - \$10,000+

Stacey Gibson  
PCSB Community Foundation  
Westchester Community Foundation

#### Circle of Growth - \$5,000+

Bristol-Myers Squibb Foundation  
Suzanne Willis

#### Circle of Opportunity - \$1,000+

360 Corporate Benefits Advisors  
Benevity Community Impact Fund  
Dara Caputo  
CareMount Medical  
Carmel Rotary Club  
Community Foundations of the Hudson Valley  
Daniels, Porco and Lusardi, LLP  
Christopher Dillon  
Halston Media  
Health Quest

Henry H. Wells Middle School  
Hope for Youth Foundation  
Hudson Valley Federal Credit Union  
Lake Mahopac Rotary  
Lawley Insurance  
M&T Bank  
The M&T Charitable Foundation  
Anthony Mirdita  
Michael Monteleone  
O'Connell and Aronowitz, Attorneys at Law  
Patterson Rotary Club  
PCSBbank  
Diane Russo  
Sauro's Town Square Pizza  
Patrick Sheehan  
Peter Sheehy  
South Putnam Animal Hospital  
Kathleen M. Valletta

#### Circle of Caring - \$500+

4imprint  
Lorraine Anderson  
AkzoNobel  
Jonathan Bauman  
The Benefit Practice  
Michael Boccia  
Brewster Rotary  
Christopher Buck  
Alison Carroll  
Stephen Cihanek  
Luanne Convery  
Marjorie Ciucci  
Domenic DeSantis

Drug Crisis in Our Backyard  
Fidelis Care  
Friends of the Mahopac Public Library  
Salvatore and Rose Gambino  
Geraldine Greene  
IBM Employee Charitable Contribution Campaign  
Jeffrey and Cheryl Kellogg  
Maria Mastrogiovanni  
Michael and MaryEllen McDonough  
Mental Health Association in Putnam  
Mental Health Association of Westchester  
Netsmart Technologies, Inc.  
New Fairfield Press  
New York Association of Psychiatric Rehabilitation Services, Inc.  
Cynthia Ott  
Erin Pascaretti  
The Prevention Council of Putnam  
Putnam County Electrical Contractors  
Putnam Ridge  
RBT CPAs LLP  
Rose & Kiernan, Inc.  
John Rubillo  
Search for Change, Inc.  
State Wide Inspection Services, Inc.  
Liza Szpylka  
Diana Burns Wetzel  
Marie Young

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## 2018 BOARD OF DIRECTORS

Salvatore Gambino  
Chairperson

Stacey Gibson  
Vice Chairperson

Christopher Dillon  
Treasurer

Geraldine Greene, LCSW-R  
Secretary

Dara Caputo, LCSW-R  
Luanne Convery  
Vincent D'Ambrosio  
Suzanne Fregien  
Jeffrey D. Kellogg  
Anthony Mirdita  
Karen B. Pilner  
Erina Ponzini, Esq.  
John J. Rock, MS. Ed, M.P.S.  
Jessica Vanacoro

## 2018 ADVISORY COUNCIL MEMBERS

Rose Aglieco  
Lynne Cabiati  
Vincent D'Ambrosio  
Debbie Diachenko  
Keiren Farquhar  
Laurie Lee Ford  
Sheila Hanley  
Dimmy Lotrecchiano  
Steve Miccio  
Anita M. Minella  
Salvatore Gambino- Board Liason

# CoveCare Center



**COUNSELING  
THAT  
EMPOWERS  
CHANGE**

<b>Mental Health Counseling &amp; Treatment</b>	<b>Alcohol &amp; Substance Use Treatment &amp; Prevention</b>
<b>Rehabilitation Services PROSper</b>	<b>Community-Based Services for Adults, Families &amp; Children</b>

**CoveCare Center**, a 501(c)(3) non-profit organization, provides mental health, substance use, and supportive services for adults, children, families and seniors throughout the Lower Hudson Valley.

**1808 Route Six, Carmel, NY • 845.225.2700**      **[www.CoveCareCenter.org](http://www.CoveCareCenter.org)**

## EXECUTIVE STAFF

Eric A. Toth, LMSW, MBA  
Chief Executive Officer

Perry Branson, MD  
Chief Medical Officer

Cynthia J. Ott  
Chief Financial Officer

Alison Carroll, LCSW-R  
VP Strategic Initiatives

Liza Szpylka, LCSW  
VP Behavioral Health Services

Krista Zanfardino, LCSW  
Associate Vice President

# Stay Connected with CoveCare Center

Join our mailing list: [www.covecarecenter.org](http://www.covecarecenter.org)

Donate: [www.covecarecenter.org/donate](http://www.covecarecenter.org/donate)



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[www.facebook.com/covecarecenter](http://www.facebook.com/covecarecenter)



Follow us on Twitter:  
[@RecoveryHV](https://twitter.com/RecoveryHV)



View us on  
YouTube  
[www.youtube.com/pfcsinc](http://www.youtube.com/pfcsinc)



Link with us on  
LinkedIn