

Preventing Substance Use Before It Begins

Putnam County and surrounding areas have suffered from alarming rates of prescription drug and opioid use—and preventable overdoses— among young people in recent years.

As part of our mission to partner with the community, CoveCare Center offers **prevention education** in Putnam County schools. Students from elementary to high school receive evidence-based, age-appropriate lessons that help them develop the skills they need to live substance-free lives.

Through our **Community Education and Outreach initiative**, we raise awareness about the effects of substance use, and we inform the public about local resources and treatment options.

Information and Enrollment

Please call **(845) 225-2700** to speak with one of our intake specialists or email **NewIntake@covecarecenter.org** or visit our website at **www.covecarecenter.org** for more information about our services.

Mission: CoveCare Center's mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

Affordability: We accept most insurance plans, including Medicaid, and offer sliding scale fees. We are committed to ensuring that our services are available to all.

Privacy: CoveCare Center values and respects your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center's Substance Use Treatment & Prevention program is fully licensed by:



Office of Addiction Services and Supports

CoveCare Center is a 501(c)(3) nonprofit organization.



CoveCare Center

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COUNSELING THAT
EMPOWERS CHANGE

Alcohol & Substance Use
Treatment & Prevention

CoveCare
Center



"They are really wonderful here. I am now more comfortable with confronting my feelings and working through them with CoveCare instead of pushing them down with substances or alcohol."

Your Partner in Recovery

“I can remember the moment that I realized I was not alone.”



Has alcohol or substance use become a problem?

Is it interfering with your relationships, or your performance at work or school?

Does it cause you to behave in ways that place you or others at risk?

When it's time to face the realities of an alcohol or substance use problem, our licensed program at CoveCare Center is here to help. Our alcohol and substance use treatment services are available to those ages 14 and up.

Our credentialed counselors and social workers provide compassionate, effective treatment that meets your specific needs. We'll be your partner in recovery.

A Partner to Family and Loved Ones

Family members and friends are also affected by substance use issues. At CoveCare Center, we offer counseling to help them help themselves... and learn how they can best support you.

Recovery Is Possible

We understand the struggles and challenges that alcohol and substance use can create. We also know that, with the right support, recovery is possible. We see it happen every day.

Our caring staff will help you identify your needs and goals, and work with you to create a customized recovery plan. You can choose from the following:

- **Individual and family counseling**, which provides an important foundation for successful recovery.
- **Groups**, including groups tailored for women, men, people with mental health conditions, and those who have received DWIs. Other groups focus on relapse prevention, medication management, health and wellness, and more.
- **Evaluations and Medications.** Our board-certified psychiatrists offer evaluations and will prescribe medication as needed, including treatment for opioid use.
- **Medication Assisted Treatment** MAT is the use of medication for the treatment of substance use disorders. This includes buprenorphine for the treatment of opioid use.

“My counselors taught me positive coping skills and healthy ways to manage stress. They basically taught me to love myself again. Today my life is full of hope and grace. I can hold my head up high and be the woman I intended to be.”

Services at CoveCare Center and Beyond

Substance use problems often develop within the context of other issues, especially mental health conditions. As part of your recovery plan, you'll have access to resources throughout CoveCare Center, including:

- **Mental Health Services**, if you need additional counseling.
- **Personalized Recovery-Oriented Services for people engaged in rehabilitation (PROS)**, which offers comprehensive support for people with serious mental health conditions.
- **Care Management Services**, which can help connect you to needed resources, benefits and housing.
- **Certified Recovery Peer Advocates**—who have found success in their own recovery—can guide and assist you in finding social, financial, and other supports in the community.
- **Telepractice-CoveCare Center** offers telepractice health services in our mental health and substance use treatment programs. A qualified mental health professional will assess the appropriateness for telepractice health services.

Based on your needs and goals, we can also connect you with resources available through our many community partnerships.