

The CoveCare Advantage

Access to Multiple Services

When you enroll, you'll gain access to the programs we offer throughout CoveCare Center and to resources available through our many community partnerships.

Affordability

We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees.

Quality Care and Results

All of our clinicians receive training in the latest therapy techniques including Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Cognitive Processing Therapy, and Eye Movement and Desensitization Reprocessing. We use clinical tools to measure and improve results, ensuring you receive the best quality care.

Convenient Locations

Visit our main office in Carmel on Route 6. For Seniors, as part of our Senior Partnership Program, clients can also be seen at home. Through Children's Health Home Care Management services, and Children & Family Treatment and Support Services (CFTSS) program, children can be seen at the CoveCare offices, at home, out in the community or at the child's school. CFTSS services are open to any child on Medicaid.

"Staff are very positive, understanding and focused on all aspects of my life. I now have a great attitude and a good handle on things."

Information and Appointments

Please call **(845) 225-2700** to speak with one of our intake specialists or email **NewIntake@covecarecenter.org** or visit our website at **www.covecarecenter.org** for more information about our services.

Mission: CoveCare Center's mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use, and social and emotional issues.

Affordability: We accept most insurance plans, Medicaid and Medicare, and offer sliding scale fees. We are committed to ensuring that our services are available to all.

Privacy: We value and respect your privacy. Our standards of confidentiality meet all federal and state regulations and guidelines.

CoveCare Center Mental Health Services are licensed and monitored by:



CoveCare Center is a 501(c)(3) nonprofit organization.



COUNSELING THAT EMPOWERS CHANGE

Mental Health Counseling & Treatment

CoveCare Center



Counseling that Empowers You

Mental health is just as important to wellness as physical health. In fact, the two are closely linked. And yet, most people don't notice the signs and symptoms of emotional and psychological distress right away.

When a mental health condition has begun to interfere with your life, or the life of someone you love, CoveCare Center can help.

We provide services for:

- Adults and Families
- Children
- Seniors

Our highly qualified, staff of board-certified psychiatrists, licensed mental health professionals, nurses, and peer specialists focus on your whole life.

We'll develop a treatment plan that addresses everything from your mental health and health care to your personal goals and aspirations. Our caring therapists will empower you to achieve a fuller, more satisfying life.

“We came here because we were going through a really hard situation. I never felt judged, I just felt they were there to help. I am so thankful for CoveCare; they changed our lives.”

We Can Help You Manage...

- Marital and relationship difficulties
- Anxiety
- Depression
- Stress
- Grief and bereavement
- Co-occurring mental health and substance use issues
- Bipolar/manic-depressive disorder
- Schizophrenia
- Personality disorders
- Food issues
- Post-traumatic stress disorder (PTSD)
- Attention deficit / attention deficit hyperactivity disorder (ADD/ADHD)
- Suicidal thoughts
- Other mental health issues

Questions about these conditions?
Visit the [Mental Health Counseling & Treatment](#) page of our website.



We offer services that fit your needs and preferences:

Individual sessions

Meet your counselor or therapist one-on-one in a quiet, private office.

Family and Play Therapy

Our therapists provide treatment for the whole family and play therapy sessions for children.

In addition, we offer:

Psychiatry

If you need medication, our on-site psychiatrists will prescribe and manage your medications in partnership with you and your therapist.

Peer Support

Trained Peer Specialists—who have found success in their own recovery—can guide and assist you in finding social, financial, and other supports in the community.

Tele-Mental Health

CoveCare Center offers tele-behavioral health services for children and adults in our mental health and substance use treatment programs. A qualified mental health professional will assess the appropriateness and the child/adult preference for tele-behavioral health services. For children, feedback and preferences will be obtained from the appropriate family member. The clinician will also assess the ability of the caretaker to appropriately support the youth, to safely participate in sessions, and to follow up on treatment recommendations.