

CoveCare Center presents

SYSTEMATIC TRAINING *for* EFFECTIVE PARENTING

Seven two-hour training sessions.

Videos ♥ Role Playing ♥ Practicing New Skills in Class ♥ Home Assignments
Review Questions Commonly Asked by Parents ♥ Certificate of Completion



The STEP program teaches a variety of parenting skills and strategies, including:

- ***Understanding yourself and your child***
- ***Understanding beliefs and feelings***
- ***Encouraging your child and yourself***
- ***Listening and talking to your child***
- ***Helping children cooperate***
- ***Discipline that makes sense***
- ***Choosing your approach***

The STEP program teaches extremely positive approaches to understanding and raising children. The approach includes appreciating that children's behaviors are motivated by a variety of goals, that encouragement for children becoming the best that they can be is extremely important, and that family councils for making decisions for and with children is highly valued.



FORMERLY PUTNAM FAMILY & COMMUNITY SERVICES

1808 Route Six, Carmel, NY 10512

www.CoveCareCenter.org

Classes are held on Tues. evenings from 6:00 - 8:00pm

\$325 includes one parent workbook per family

Classes are confidential

Childcare available upon request

For more information

Call Wanda Crowley at (845) 225-2700 x224