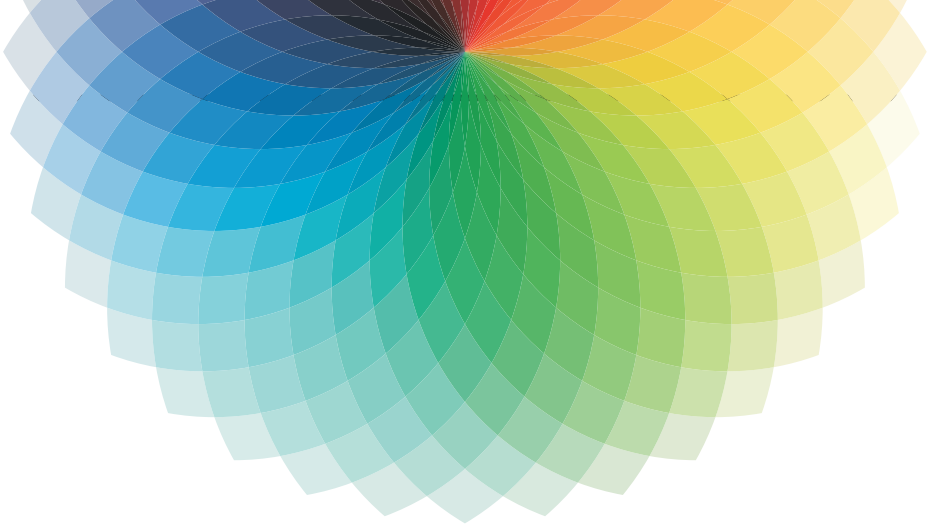




CoveCare  
Center

**ANNUAL  
IMAGINE  
DINNER  
DANCE  
BENEFIT**

**FRIDAY, OCTOBER 13, 2017  
6:30PM – 10:30PM**



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# **PROGRAM**

## **RECEPTION-COCKTAIL HOUR**

### **WELCOME**

**Diane E. Russo**

Chief Executive Officer

## **SERVED DINNER & DANCING**

### **THE SID GIBSON IMAGINE AWARD**

Diane E. Russo presenting to

## **CareMount Medical**

in honor of our innovative partnership for integrated health care

### **A CLIENT STORY**

**Michael Volgare**

### **CLOSING REMARKS**

**STACEY GIBSON**

Benefit Chair

## **CLOSING OF AUCTION-RAFFLE DRAWING**

## **DESSERT AND COFFEE**

## **SILENT AUCTION RESULTS**

**MUSIC BY Tony T Entertainment featuring The City Express Band**

**PHOTOGRAPHY BY Wayne Pearson Photography**

# **COVECARE CENTER MISSION**

Our mission is to partner with individuals, families, and the community to foster hope, wellness and recovery, and to restore quality of life by addressing mental health needs, substance use and social and emotional issues.

## **VISION**

CoveCare Center imagines a strong, united community where all people are valued, accepted, and empowered to live healthy lives.

## **BOARD OF DIRECTORS**

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# **COVECARE CENTER SERVICES**

## **Mental Health Counseling and Treatment**

Licensed therapists provide individual, group, and family therapy, as well as play therapy for children. As a supplement to counseling, psychiatrists prescribe and manage medications when needed, and trained peer specialists provide guidance and support based on their lived experiences.

## **Community-Based Services**

This suite of services provides a range of assistance for adults, children, and families: Adults with medical, mental health, and/or substance use issues receive help navigating multiple service systems and accessing resources. Seniors benefit from home-based counseling and referrals. Children with mental health, substance use, medical, and other needs—and their parents/caregivers—receive assistance that includes navigating service delivery systems, peer support, and advocacy. Families become strengthened through parenting skills trainings, family support groups, supervised visitation, and counseling.

## **Alcohol and Substance Use Treatment and Prevention**

Credentialed counselors and social workers provide individual, family, and group counseling. Psychiatrists provide evaluations and prescribe medications, including treatment for opioid use. CoveCare Center offers prevention education in Putnam County schools, raises awareness about substance use issues, and informs the public about local resources.

## **PROSper- Personalized Recovery-Oriented Services for people engaged in rehabilitation**

PROSper helps people with serious mental health issues to recover, heal, and gain their independence. Services include goal-oriented counseling, classes, individual counseling, medication management, vocational counseling, and specialized services for people with both mental health and substance use issues.

# GREETINGS FROM THE BOARD OF DIRECTORS

Dear Guests,

Welcome to the 20th Anniversary Imagine Dinner Dance. As chair of the Benefit Committee, thank you so much for joining us tonight to celebrate this very special year for CoveCare Center, and to honor our partners in the community and all those we help through counseling that empowers change.

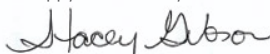
In 2017, CoveCare hit two major landmarks. We celebrated our twentieth anniversary of extraordinary service to our friends and neighbors, and we changed our name to CoveCare Center – a change we hope you agree better conveys our continued commitment to fostering hope, wellness, and recovery for people in the Lower Hudson Valley.

My commitment to CoveCare is very personal. I know firsthand the pain that substance use and mental illness can have on the individual and the people who love them. But I also know that with superior counseling, like that provided by CoveCare, and timely intervention, recovery is not just a hope but a reality.

Tonight we are honored to present our Annual Sid Gibson IMAGINE Award to CareMount Medical, in honor of our innovative partnership for integrated health care. CareMount Medical has joined us in understanding that addressing both physical and mental health is critical to providing the best care possible to those who seek our care.

On behalf of the Board of Directors, thank you for your continued support of CoveCare Center. We truly could not do our work without you. Please enjoy the evening and take a moment to check out our silent auction, enjoy each other's company and dance, dance, dance!!!

Happy Anniversary!



**Stacey Gibson**  
Committee Chair

## BENEFIT COMMITTEE MEMBERS

Stacey Gibson, Committee Chair

Kristin M. Burke, Esq

Melinda Bartolini

Alison Carroll

Geraldine Greene

Debbie Levin

Anita M. Minella

Diane Russo

Jacqueline Stefanak

Suzanne Willis

# GOOD EVENING TO ALL OUR GUESTS

Dear Friends,

From that first day of July in 1997, when Putnam Family and Community Services transitioned from being a county-run agency to a private nonprofit organization, we have fostered hope, wellness, and recovery for people in the Lower Hudson Valley. Twenty years later we are transforming again: we have changed our name to CoveCare Center, reconfirmed our mission, and put forth a new vision statement.

These changes mirror our growth and new strategic vision. They also reflect a recommitment to the values that have always driven our work—a passionate belief that recovery is possible, a dedication to caring for the whole person, and a commitment to helping everyone we serve to realize their full potential.

People have always told us that we provide a protected, safe space, and that we empower change. Our new name, tag line, and logo now reflect that shared experience.

We look forward to the next 20 years of empowering positive change for people in the Lower Hudson Valley. If you need us, you'll find us at "the Cove."

Sincerely,

A handwritten signature in black ink that reads "Diane E. Russo". The signature is written in a cursive, flowing style.

**Diane E. Russo, MS, CASAC**  
Chief Executive Officer

# COVECARE CENTER HONORS



**This evening, CoveCare Center is proud to present our Annual Sid Gibson IMAGINE Award to CareMount Medical.** In an effort to unite physical and behavioral health services and align with recent New York State guidelines, CareMount Medical and CoveCare are leading the way.

CoveCare Center therapists now provide mental health counseling and treatment at CareMount Medical locations in Brewster and Patterson, as well as providing alcohol and substance use treatment and prevention services at our Carmel location, based on referrals from physicians at those locations. Our shared vision is to improve the overall quality of care by addressing the whole person. Our integrated approach promotes collaborative treatment for those who experience physical health conditions in addition to mental health and/or substance use issues. Through increased communication and coordination between their health care professionals, those in need will be treated in a more comprehensive and effective way.

Founded in 1946, CareMount Medical has grown to over 525 physicians and health experts representing 43 different medical specialties. It is the largest independent multispecialty medical group in New York State, providing comprehensive medical care of the highest quality to more than 550,000 patients in 43 locations throughout Westchester, Putnam, Dutchess, Columbia, and Ulster counties.

“Our mission has always been to offer the highest quality and most effective care to all of our patients, and partnering with CoveCare Center allows us to more thoroughly treat the entire patient. Mental health is an important part of a person’s physical health,” said Scott D. Hayworth, M.D., President and CEO, CareMount Medical. “This partnership helps to fulfill a major goal for CareMount Medical - to help our patients obtain easy access to quality mental health services.”

**CoveCare Center is honored tonight to recognize CareMount Medical for partnering with CoveCare in pioneering integrated healthcare for those we serve.**

# Acknowledgements

## Silent Auction

A very special thank you to all the individuals and businesses who contributed to our Auction. We are truly grateful for your generosity.

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Salem Golf Club  
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South Putnam Animal Hospital  
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Williamstown Theater Festival  
Suzanne Willis  
Krista Zanfardino

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The Board of Directors of CoveCare Center are extremely grateful for the generous contributions of our Sponsors who have made this evening possible. **Thank you for partnering with us to imagine a world of hope, wellness and recovery.**

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**Congratulations to**  
**CareMount Medical**

**2017 Recipient of the  
Sid Gibson IMAGINE award.**

My husband Sid, for whom this wonderful award was created, would be so proud to know that such a worthy institution as CareMount Medical is living his vision.

**Thank you, CoveCare  
for honoring Sid  
in this everlasting way.**

Stacey Gibson

---





**Congratulates**

# **CoveCare Center**

on the 20th Anniversary  
of outstanding service to  
those in need of  
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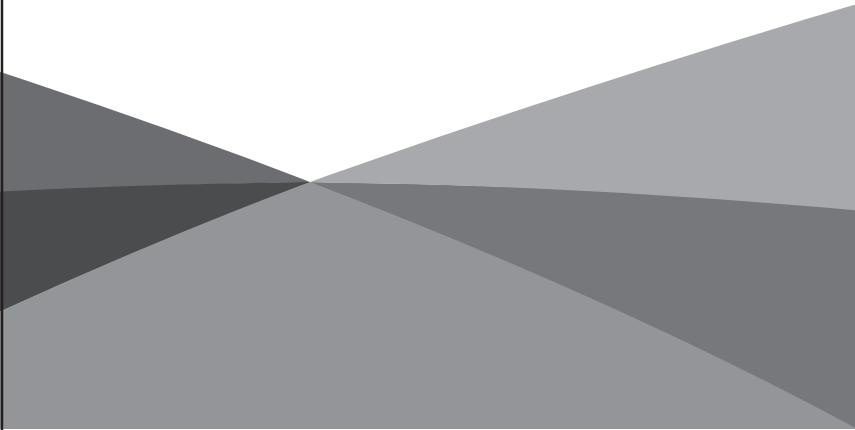
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Congratulations to

# CareMount Medical

**2017 Sid Gibson IMAGINE  
Award Winner!**

And to

# CoveCare Center

**celebrating 20 years of service  
to our communities.**

We look forward to supporting them for  
20 more years of successful,  
dedicated service to  
those in need of help, hope and comfort  
on their road to recovery.



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**CoveCare Center**

**on 20 years of service to those  
in need in our community**

**and**

**CareMount Medical**

**2017 Recipient of the  
Annual Sid Gibson IMAGINE Award**

for their vision and innovative  
approach to health care which recognizes  
the intricate relationship between  
mental and physical health

**Kristin M. Burke, Esq.**  
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WHEN WE OWN OUR STORIES,  
WE GET TO WRITE A BRAVE NEW ENDING.

~Brenè Brown

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**CoveCare Center**

**Co-authoring hope and recovery  
in our community.**

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*2017 Recipient of the  
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*Sid Gibson was my mentor and my friend,  
and above all else, my teacher.*

*It is my honor to once more join in celebrating with  
CoveCare Center and to share in recognizing  
CareMount Medical for their dedication to  
treating the whole person - both body and mind. I  
know that Sid would be proud to join in congratulating  
them for their fine work.*

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2017 RECIPIENT OF THE ANNUAL  
SID GIBSON IMAGINE AWARD

I know my friend Sid is looking down, knowing that his lifelong commitment to promoting recovery and mental health for his friends and neighbors is being honored tonight by recognizing CareMount Medical for joining CoveCare Center in pioneering integrated healthcare services that address the whole person...both body and mind.

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**CONGRATULATIONS**

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We applaud your innovative spirit  
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Together, we can IMAGINE  
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*from*

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**CONGRATULATIONS to**  
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**on their 20th year of service**  
**to our community**

We are proud to support their mission to foster hope, wellness and recovery, and to restore quality of life for our friends, family and neighbors here in the Lower Hudson Valley area.

**from**  
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for their dedication to treating  
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**Congratulations to**



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**And**

**CareMount Medical**

**For their leadership and innovative  
partnership for integrated care**

**And To**

**Michael Volgare**

**For sharing his recovery journey**

*Diane E. Russo, CEO*

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**CoveCare Center**

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God Bless You  
and Your Work



*CoveCare Center*

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*~ St. Francis of Assisi*

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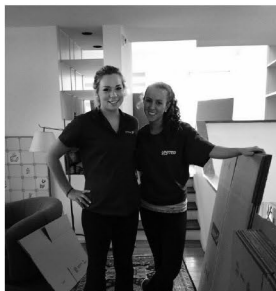
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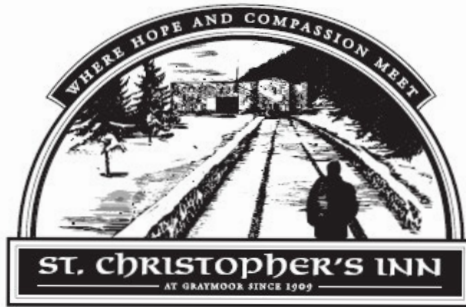
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*for 20 years of service to the Hudson Valley*

*and*

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## **Sid Gibson was our Dad and Pop-Pop**

He believed that everyone has the power to change. He was grateful for the support he received in his own personal journey of recovery. And he believed passionately in the work of CoveCare Center.

---

**We congratulate**

**CareMount Medical,  
this year's honoree of the Imagine  
Award, dedicated to our Dad**

It reflects their commitment to positively impact those facing issues of mental health and substance use and imagining a community free from stigma.

**This was our Dad's dream**

**We love you Dad and Pop-Pop**

---

**David, Cassandra, William,  
and Dana Thayer**

---



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**Sheriff Don Smith and the late Jane Smith  
and their family  
send their very best wishes  
to all their friends at  
CoveCare Center  
as they recommmit to the mission of service  
and celebrate 20 years.**



**Thank you for everything you do  
for the citizens of Putnam County  
and for making Putnam County a better place.  
Keep the faith!**

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**Putnam County**

The National Alliance on Mental Illness (NAMI)  
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Mildred Smith for her unending advocacy.

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for 20 years of service  
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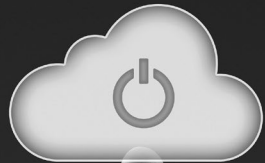
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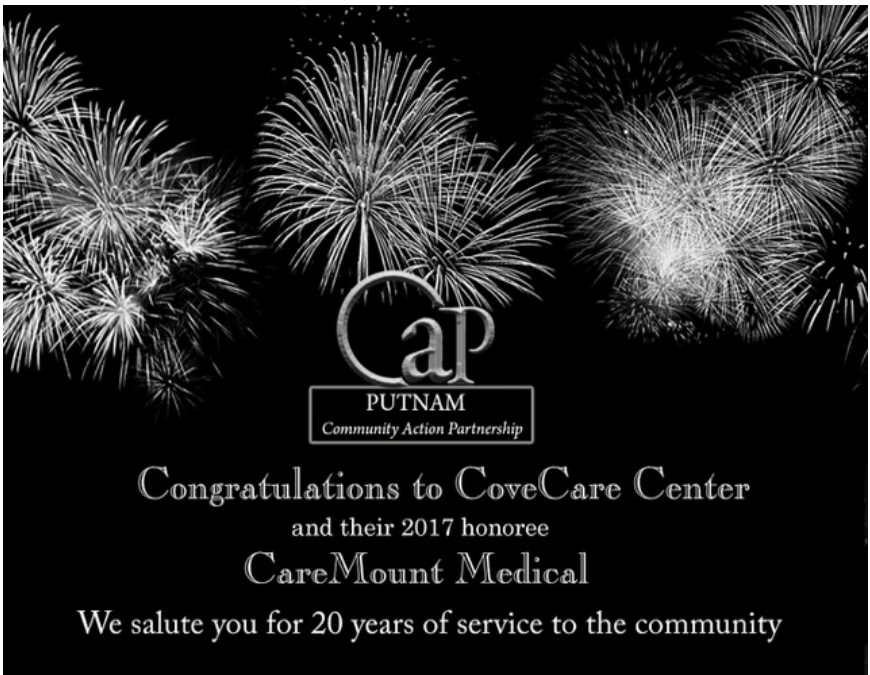


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**The Prevention Council of Putnam,  
together with  
Friends of Recovery Putnam and  
the Putnam Communities That Care Coalition**

would like to thank CoveCare Center for providing  
**hope, help and healing**  
to those with behavioral health issues.

CoveCare Center is a vital partner in all of our  
**prevention, treatment and recovery efforts.**



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Congratulations to  
**CoveCare Center**

on 20 years of dedication to  
fostering hope, wellness and recovery  
in the face of mental health,  
substance use and social/emotional issues.

*Anthony & Anna  
Mirdita*

---

**Happy 20th birthday to  
our amazing agency!**

**Here's to another 20 years plus as**



**Alison Carroll, LCSW-R, VP, Strategic Initiatives**  
**Liza Szpylka, LCSW – VP, Behavioral Health Services**  
**Krista Zanfardino, Associate VP**

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**SPECIAL THANKS  
TO THE FOLLOWING TALENTED PEOPLE  
WHO PROVIDED US WITH  
OUR EXCITING NEW BRAND IDENTITY**

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Claudia Zeldin

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Diane DePaolis

Writer  
Raymond Rigoglioso

Westchester Marketing Café  
Jann Merchandani

Northguild Productions – Video Production  
Kashka Glowaka  
Christopher Rahm  
Devon Pickering

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**Pleasant days ahead...**hours go by.  
There's so much to do...people, places and things.  
Lots of joy to spread!

Hope for when we go down the road to recovery.  
You will see big changes in our lives...  
like you have never seen before!

The most important thing is  
You must have strength...strength to move on  
Even if you live with an illness.

So say hello to your new recovery  
For the future is there to finally recognize  
Who you truly are and what your life is all about.

So take your time  
And you will feel all the things in life  
That are simple and real.

*Barbara S. – A CoveCare Client*

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# SPECIAL THANKS TO THE FOLLOWING SUPPORTERS OF THIS EVENT

Tony Traina and Tony T Entertainment  
featuring The City Express Band

Wayne Pearson Photography

Lisa Woods and the Salem Golf Club Staff

Dimmy Lotrecchiano  
for our centerpiece flowers

John Parille and New Fairfield Press  
for printing our journal

## **OUR COVECARE VOLUNTEERS**

Rose Aglieco  
Melinda Bartolini  
Debra Beattie  
Anna Corbi  
Amy Galiano  
Brittany Kinsley  
Kate Pauly  
Jackie Stefanak  
Adrian Stevens  
Elizabeth Wolfe  
Michelle Wood

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